

Joint BAP NAPICU evidence based guidelines for the clinical management of acute disturbance (de-escalation and rapid tranquillisation)

Friday 8th June 2018 **Hallam Conference Centre, 44 Hallam St, London, W1W 6JJ**

The British Association for Psychopharmacology (BAP) and the National Association of Psychiatric Intensive Care and Low Secure Units (NAPICU) have developed this new joint guideline which reviews the use of de-escalation methods and psychotropic medication for the clinical management of acute disturbance. Although the most recent NICE guidelines reviewed randomised controlled trial evidence for the use of intramuscular medication in rapid tranquillisation, they placed relatively little emphasis on the use of oral or other formulations of medication in the stages before rapid tranquillisation or indeed de-escalation techniques. Our guideline will focus on three key interventions: de-escalation, pharmacological interventions pre rapid tranquillisation, and rapid tranquillisation (intramuscular and intravenous).

This meeting introduces our new guideline and algorithm to guide treatment and comprises speakers from the group who have developed this document and who are experts in its clinical, research and policy implications. We will cover state-of-the-art and pragmatic updates, with key recommendations. The meeting will be an excellent educational opportunity and will provide an essential update for those with an interest in treating acute disturbance in acute adult psychiatric, psychiatric intensive care, forensic and general hospital settings.

08:45	Registration and Coffee
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Morning Session chaired by Faisal Sethi

09:15	Introduction Dr Maxine Patel (London)
09:30	National data on RT Mrs Carol Paton (Dartford) and Professor Thomas Barnes (London)
09:50	National and international guidelines Dr Faisal Sethi (London)
10:10	Overview of algorithm Dr Maxine Patel (London)
10:30	Panel Discussion
11:00	Refreshments
11:30	De-escalation Mr Roland Dix (Gloucester)
12:00	Oral Mrs Caroline Parker (London)
12:30	Panel Discussion
13:00	Lunch

Afternoon session chaired by Maxine Patel

14:00	Intramuscular Professor David Taylor (London)
14:30	Intravenous Dr Sotiris Posporelis (London)
15:00	Panel Discussion
15:30	Refreshments
16:00	Physical monitoring Ms Laura Woods (London)
16:15	Options for non-response Dr Luiz Dratcu (London)
16:35	Panel Discussion
16:55	Summary
17:00	Meeting Ends

£200
BAP or NAPICU
members

£275
non-members

Book online at www.bap.org.uk/guidelinesmeeting