

Joint BAP NAPICU evidence based guidelines for the clinical management of acute disturbance (de-escalation and rapid tranquillisation)

Friday 8th June 2018 Hallam Conference Centre, 44 Hallam St, London, W1W 6JJ

The British Association for Psychopharmacology (BAP) and the National Association of Psychiatric Intensive Care and Low Secure Units (NAPICU) have developed this new joint guideline which reviews the use of de-escalation methods and psychotropic medication for the clinical management of acute disturbance. Although the most recent NICE guidelines reviewed randomised controlled trial evidence for the use of intramuscular medication in rapid tranquillisation, they placed relatively little emphasis on the use of oral or other formulations of medication in the stages before rapid tranquillisation or indeed de-escalation techniques. Our guideline will focus on three key interventions: de-escalation, pharmacological interventions pre rapid tranquillisation, and rapid tranquillisation (intramuscular and intravenous).

This meeting introduces our new guideline and algorithm to guide treatment and comprises speakers from the group who have developed this document and who are experts in its clinical, research and policy implications. We will cover state-of-the-art and pragmatic updates, with key recommendations. The meeting will be an excellent educational opportunity and will provide an essential update for those with an interest in treating acute disturbance in acute adult psychiatric, psychiatric intensive care, forensic and general hospital settings.

08:45	Registration and Coffee	
Morning S	Session chaired by Faisil Sethi	
09:15	Introduction Dr Maxine Patel (London)	
09:30	National data on RT Mrs Carol Paton (Dartford) and Professor Thomas Barnes (London)	
09:50	National and international guidelines Dr Faisil Sethi (London)	
10:10	Overview of algorithm Dr Maxine Patel (London)	
10:30	Panel Discussion	
11:00	Refreshments	
11:30	De-escalation Mr Roland Dix (Gloucester)	£200
12:00	Oral Mrs Caroline Parker (London)	
12:30	Panel Discussion	BAP or NAPICU
13:00	Lunch	members
		Hichibers
Afternoor	n session chaired by Maxine Patel	
14:00	Intramuscular Professor David Taylor (London)	
14:30	Intravenous Dr Sotiris Posporelis (London)	
15:00	Panel Discussion	
15:30	Refreshments	£275
16:00	Physical monitoring Ms Laura Woods (London)	
16:15	Options for non-response Dr Luiz Dratcu (London)	non-members
16:35	Panel Discussion	
16:55	Summary	
17:00	Meeting Ends	