**Introduction to the Conference**

Welcome to the 2016 Conference for the National Association of Psychiatric Intensive Care and Low Secure Units (NAPICU). This is our twenty first annual conference, and the theme for this year will be:

**“Achieving the best for patients: beyond restriction”**

Our programme includes sessions by professionals from a broad range of backgrounds to help us to consider quality from a range of perspectives. This year’s programme will focus on the quality of care delivered in PICUs and LSUs. In the time of high level national change in the context in which healthcare is delivered, with growing financial pressures and increasing standards and regulation, the challenge is retaining the patient at the centre of our focus and enhancing the quality of care delivered to patients.

Our theme this year is wide-ranging including the return of the popular live debate, the patient perspective, personality disorders, design principles and the judging session for the Team of the Year Award, and the return of our successful Poster Session.

We have compiled a diverse and comprehensive programme ranging from national trajectories, to implementing outcomes of latest clinical guidelines, updates on new commissioning arrangements, to more scientifically rigorous quantitative and qualitative clinical studies, covering many aspects of care in in-patient psychiatric services.

The programme has been designed with our delegate’s feedback from previous years in mind and we hope it is interesting and enjoyable. This will hopefully provide you with some useful ideas and thoughts which you can take away and use in your place of work. Finally, looking at the progress made and the changes the health services have undergone, it is a testament to the hard work, efforts and expertise of the clinical staff which has made all of the advances possible. Given that the staff are the pillars on which PICUs and LSUs have been built, this is both a thank you and an opportunity for this to be recognised.

We would also encourage you as clinicians to join us at NAPICU and hear your opinions and views, the conference will provide opportunities for feedback and for networking with colleagues, nationally and internationally.

**Pre-Conference Training Event**

**“Searching Practice Development Event”**

Wednesday 7th September 2016, 14.00 – 17.00

*University of Keele, Chancellors Building*

The Pre-Conference Training Event is now running annually as part of the programme due to positive the feedback received from the delegates attending the session in previous years.

The training session will include the theory and practise of searching, patient and property within mental health settings.

Furthermore, the “Searching Practice Development Event” will provide a detailed account of the Mental Health act 2015 including the code of practise. Delegates in attendance will have the opportunity to participate in a number of experiments, testing specific equipment used to detect weapons and other restricted items. Participants will have the opportunity to use the very latest scanning/detection devices under the supervision of an experienced Search trainer.

**Course Leaders:**

***Mr Roland Dix****; Approved Clinician, Consultant Nurse in Psychiatric Intensive Care & Secure Recovery, 2gether NHS Foundation Trust and Editor-in-Chief Journal of Psychiatric Intensive Care & Low secure Units. NAPICU Executive Member*

**Dr Jim Laidlaw;** *Consultant Psychiatrist, 2gether NHS Foundation Trust*

**Mr Paul O’Rourke;** *PMBA/Search Trainer, 2gether NHS Foundation Trust*

Please note: this event is not included in conference registration fee, but can be added as an additional item on your booking form. You may also attend this event if you are unable to attend the full conference however, priority will be given to conference delegates. The cost of this training session is £80.





**Social Programme**

**Welcome Drinks & Quiz Night
*Wednesday 7th September 2016
Chancellors Cafe, Keele University***

Following dinner on Wednesday evening, we would like to invite all delegates to join us in the bar for further networking and discussion. This will be a great opportunity to meet with colleagues and friends to share good practice and for those of you who are first time attendees it is an opportunity to meet and greet with the NAPICU Executive Committee Members and fellow first time attendees. In order to add a light-hearted, competitive edge to the evening, an informal quiz will be run with a variety of prizes. The themes of the quiz will be wide ranging and will encourage increased interaction and reflection.

**21st Anniversary Gala Dinner
*Thursday 8th September 2016
Keele Grand Hall, Keele University***

The Gala Dinner this year will be a drinks reception on arrival and a 3-course meal accompanied by refreshments and entertainment in the grounds of Keele University in the Keele Grand Hall. The meal will be followed by a disco, the Grand Hall is just a short walk from Lindsay Court the halls of residence building delegates will be staying in.

The Gala Dinner is included in your registration fee, however you must book in advance to guarantee a place. If you wish to join us for this dinner please ensure you select the option on your registration form.



**Conference Programme at a Glance***Please note: This programme is preliminary, speakers, timings, sessions and topics are subject to change*

**Thursday 8th September 2016**

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| **Thursday 8th September 2016****Achieving the best for patients: beyond restriction**University of Keele, Chancellors Building, Westminster Theatre |
| **08.00– 09.00** | **Registration (All morning sessions are in the Westminster Theatre)** |
| 09.00 – 09.25 | **Opening Address**: **Overview of NAPICU 2015/2016 and the National Survey***Dr Stephen Pereira, Consultant Psychiatrist, London and NAPICU Chairman* |
| 09.25 – 09.35 | **Chair’s Welcome:***Dr Faisil Sethi, Consultant Psychiatrist (PICU) and Associate Clinical Director, Maudsley Hospital, South London & Maudsley NHS Foundation Trust and NAPICU Vice-Chairman* |
| 09.35 – 10.05 | **Keynote Speaker**: **Mental Health in England***Mrs Jane Clegg*, Chief Nurse NHS England |
| 10.05 – 10.25 | Speaker 1:*Dr Alex Tulloch, Consultant Psychiatrist, South London & Maudsley NHS Foundation Trust* |
| 10.25 – 10.55 | **Speaker 2**: **PICU Design Principles***Speaker; Mrs Jenny Gill, Chairman Design in Mental Health* |
| **10.55 – 11.25** | **Tea and Coffee Break** |
| 11.25 – 11.50 | Speaker 3: **Seclusion Best Practise; CQC DoH***Mr Roland Dix, Approved Clinician, Consultant Nurse in Psychiatric Intensive Care & Secure Recovery, 2gether NHS Foundation Trust and Editor-in-Chief Journal of Psychiatric Intensive Care & Low secure Units. NAPICU Executive Member* |
| 11.55 – 12.55 | **Breakout Sessions (1 – 6)** |
| Westminster Theatre | **Breakout Session 1:** **NAPICU Team of the Year Presentations 2016: successful short-listed finalists presentations** |
| RO 1.081 | **Breakout Session 2:****Personality Disorders***Speaker: Dr Oliver Dale, Consultant Psychiatrist, Hammersmith and Fulham Personality Disorder Service, Clinical Lead Personality Disorder Pathway and Dr Julia Bazdell, Emergence, Manager* |
| RO 1.077 | **Breakout Session 3:****Physical Health CQUIN targets***Speaker; Miss Remy Wesolowski, Physical Health Programme Specialist, South London and Maudsley NHS Foundation Trust* |
| RO 1.098 | **Breakout Session 4:** ***An innovative approach to care planning the use and reduction of restrictive interventions****Speaker; Mr Bill Fox, Chairman of MAYBO; Conflict Management Training* |
| RO 1.099 | **Breakout Session 5:****Development of a new CAMHS PICU***Speaker; Ms Carmain Gibson, Head of Child and Adolescent inpatient services, Nottinghamshire Health Care and Dr Katherine Huke, psychologist, Nottinghamshire Health Care* |
| RO 1.100 | **Breakout Session 6:** **Working towards AIMS PICU***Speaker; Mr Paul Deacon, NAPICU Executive Committee Member and Mr Nick Dube, Kewstokes Team* |
| **12.55 – 13.55** | **Lunch with Exhibition** |
|  13.55 – 14.05 | **Chair’s Welcome to the Afternoon Session:***Mr Andy Johnston, NAPICU Executive Committee Member* |
| 14.05 – 15.15 | **Jimmy Saville enquiry - Lessons learned around governance and safety****Speaker 4:***Mr Ray Galloway, Director Blue Light Investigations and Training Ltd* |
| 15.15 – 15.35 | **Update on New Commissioning Guidance Document****Speaker 6:** *Dr Faisil Sethi,**Consultant Psychiatrist (PICU) and Associate Clinical Director, Maudsley Hospital, South London & Maudsley NHS Foundation Trust and NAPICU Vice-Chairman* |
| 15.35 – 16.05 | **Tea and Coffee Break** |
| 16.05 – 16.55 | **Breakout Sessions (7 – 12)** |
| Westminster Theatre | **Breakout Session 7:** **Fitness to be interviewed and Fitness to plead***Speaker; Dr Brad Hillier,* *Locum Consultant in Forensic Psychiatry, South West London and St George's NHS Trust* |
| RO 1.081 | **Breakout Session 8:(Repeat of 2)****Personality Disorders**Speaker; *Dr* *Oliver Dale, Consultant Psychiatrist, Hammersmith and Fulham Personality Disorder Service, Clinical Lead Personality Disorder Pathway and Dr Julia Bazdell, Emergence, Manager* |
| RO 1.077 | **Breakout Session 9: (Repeat of 3)****Physical Health CQUIN targets***Speaker; Miss Remy Wesolowski, Physical Health Programme Specialist, South London and Maudsley NHS Foundation Trust* |
| RO 1.098 | **Breakout Session 10: (Repeat of 4)****An innovative approach to care planning the use and reduction of restrictive interventions** *Speaker; Mr Bill Fox Chairman of MAYBO; Conflict Management Training* |
| RO 1.099 | **Breakout Session 11:(Repeat of 5)****Development of a new CAMHS PICU***Speaker; Ms Carmain Gibson, Head of Child and Adolescent inpatient services, Nottinghamshire Health Care and Dr Katherine Huke, psychologist, Nottinghamshire Health Care* |
| RO 1.100 | **Breakout Session 12: (Repeat of 6)****Working towards AIMS PICU***Speaker; Mr Paul Deacon, NAPICU Executive Committee Member and Mr Nick Dube Kewstokes Team* |
| 17.00 – 17.40 | **NAPICU AGM – All Delegates Welcome** |
| **19.00**  | **NAPICU Gala Dinner in the University of Keele, Keele Grand Hall** |

**Friday 9th September 2016**

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| **Friday 9th September 2016****Achieving the best for patients: beyond restriction**University of Keele, Chancellors Building, Westminster Theatre |
| **08.45 – 09.10** | **Registration (All sessions will be in the Westminster Theatre on Friday)** |
| 09.10 – 09.15 | **Chair’s Introduction***Mr Peter Pratt, Chief Pharmacist, Sheffield Health & Social Care NHS Foundation Trust and NAPICU Executive Member* |
| 09.15 - 09.40 | **Positive and Safe, Restrictive Restraints****Speaker 7:***Mr Guy Cross,* Policy Lead Positive and Safe*, the Department of Health* |
| 09.40 – 10.30 | **Positive Association of Sport and Mental Health Care*****Speaker 8:****Malcolm Rae, NAPICU Fellow and Dr Wesley O’Brien* |
| 10.30 – 11.00 | **Patient Perspective****Speaker 9:** *Dr Aileen O’Brien, Reader in Psychiatry & Education and Honorary Consultant Psychiatrist (PICU), St. George’s University of London and NAPICU Director of Educational Programmes* ***Speaker 10:*** *Mr Simon Hancock, Patient Representative* |
| 11.00 – 11.15 | Questions for Morning Presenters |
| **11.15 – 11.45** | **Tea and Coffee Break** |
| 11.50 – 13.00 | **Interactive Audience and Panel Session – THE PATIENTS LIFE STYLE ON WARD***Panel***Chair:** *Dr Sakya, NAPICU Carer Representative***Nurse:** *Ms Laura Woods, Senior Mental Health Nurse, Pavillion PICU, Sussex Partnership NHS Foundation Trust***Team Leader:** *Mr James Lewis –Watkins, Team Leader, Greyfriars PICU, 2gether NHS Foundation Trust for Gloucestershire***Patient:** *Mr Bernard Fox;* NAPICU Patient Representative**Psychologist:** Mr John Davies, Psychologist, Norfolk and Suffolk NHS Foundation Trust**OT:** Ms Hannah Stevens, Senior Occupational Therapist (PICU), Central and North West London NHS Foundation Trust |
| 13.00 – 13.10 | **Questions for the Multi-Disciplinary Team Panel** |
| 13.10 – 13.30 | **NAPICU Conference 2016 Awards: Winning Poster and NAPICU Team of the Year***Mr Thomas Kearney, Associate Director of Commissioning Swindon CCG and NAPICU Director of Policy* |
| 13.30 – 14.00 | **Summing up and Thanks***Dr Stephen Dye,* Consultant Psychiatrist (PICU), Norfolk & Suffolk NHS Foundation Trust and NAPICU Director of Research |
| **14.00** | **Restaurant – Hot Lunch & Depart** |

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