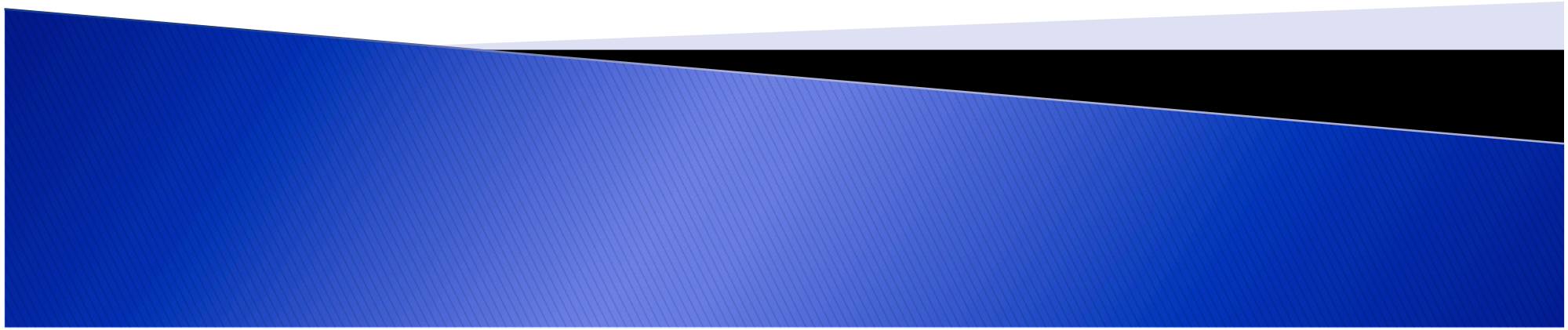
Cygnet Hospital Beckton

# Computers…
# the possibilities are endless!

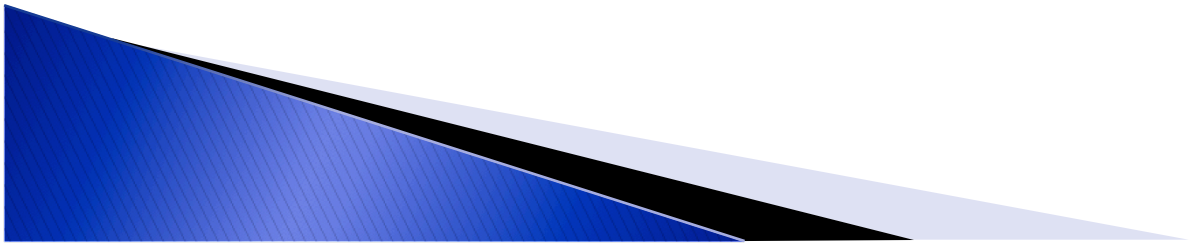
Proposal written by: The Women on Hooper Ward
Presented by: Caroline Fitzgerald, MSc OT



# The Women Propose: A Computer with Internet Access

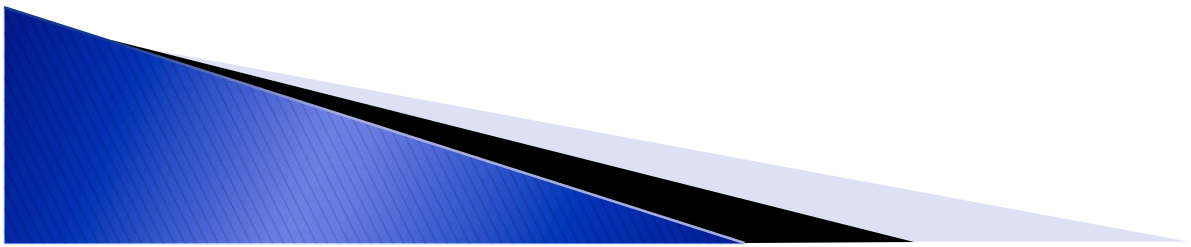
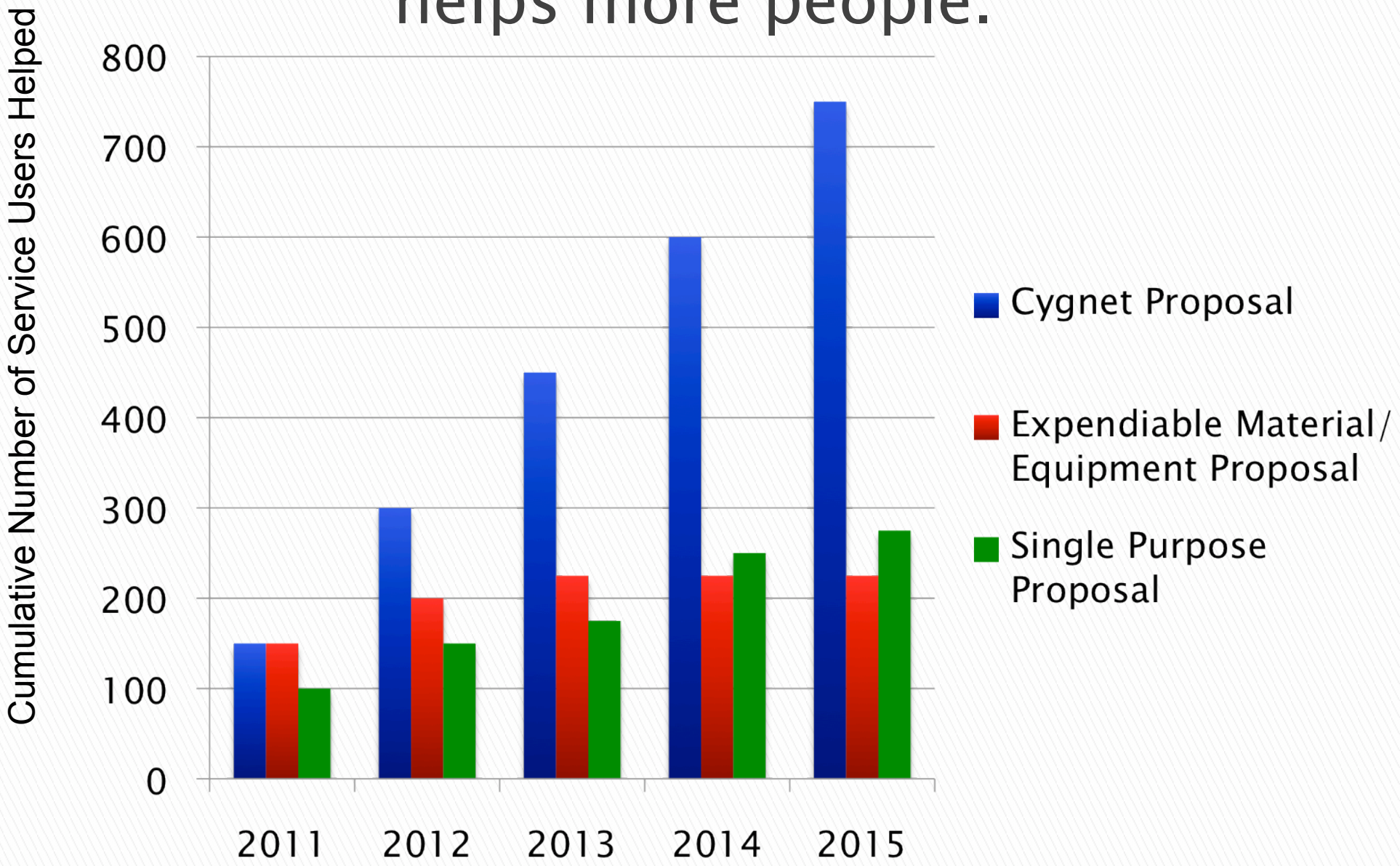
# The impact:

- Relieve boredom
- Build hope- "you can work on goals even even if you don't have [sec 17] leave"
- Improve relationships with family and friends
- Relieve stress- "by keeping us occupied so we don't watch TV or pace all day."
- Empowerment- "if you learn how to use the computer you can do a lot more on your own. You don't have to always ask staff."
- Connect service users to the outside world- "Even though you're locked up you could still feel like you're part of society. You're connected in some way."



# Advantages over other proposals

- A larger impact
- A lasting effect
- Personalisation of therapeutic activity
- Your money supports a proposal with service user choice at the core
- We can see it through- support from Cygnet IT, Staff, and solid outcome measurement



# The bottom line- your £1000 goes farther & helps more people.