

WHAT DOES HIGH QUALITY CARE IN A PICU LOOK LIKE?

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- EFFECTIVE MULTIDISCIPLINARY TEAM
- APPROPRIATE INTERVENTIONS SUPPORTED BY CLEAR POLICIES
- SAFE PLEASANT ENVIRONMENT
- SERVICE USERS AND CARERS FEEL THEIR VIEWS ARE RESPECTED
- GOOD DOCUMENTATION AND SAFE SHARING OF INFORMATION
- EFFECTIVE LIAISON WITH OPEN WARDS AND OTHER AGENCIES
- ONGOING MONITORING OF SERVICE BY AUDIT AND PERFORMANCE INDICATORS

MULTIDISCIPLINARY TEAM

- Shared philosophy of care and mutual trust
- Consistent clinical leadership
- Adequate staffing, regular supervision and CPD
- Regular MDT meetings and effective sharing of information at handover meetings
- Governance meetings for staff and community meetings with inpatients
- Key members:
 - Pharmacist
 - Nursing team
 - Medical team
 - OT and art therapist
 - Psychologist
 - Housekeeping staff
 - Clerical staff



INTERVENTIONS AND POLICIES

- Clear admission and exclusion criteria
- Pharmacological:
 - RT policy consistently applied (NICE)
 - Regular input of pharmacist to MDT
 - Observe BNF limits and new guidelines
- Physical care:
 - Physical examination on admission
 - Routine bloods UDS
 - ECG
 - Junior medical staff proactive in investigating physical problems/SE
- PMVA training and regular refresher courses
- Risk assessment regularly updated and reviewed by MDT
- Regular ILS training
- Ongoing management of substance use/dual diagnosis
- Psychological interventions (eg ACT)



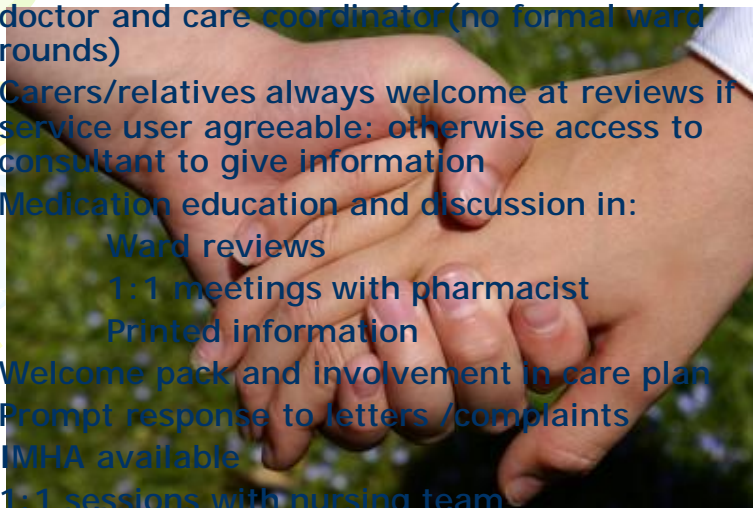
ENVIRONMENT

- Clean pleasant single sex environment with maximum possible natural light
- Safety prioritised: ligature points, lines of sight, furniture etc
- Lockable
- Access:
- Access:
- Access:
- Seclusion
- Temperature
- Exercise
- Facilities:



SERVICE USERS AND CARERS

- Bookable regular reviews with consultant/senior doctor and care coordinator (no formal ward rounds)
- Carers/relatives always welcome at reviews if service user agreeable: otherwise access to consultant to give information
- Medication education and discussion in:
 - Ward reviews
 - 1:1 meetings with pharmacist
 - Printed information
- Welcome pack and involvement in care plan
- Prompt response to letters /complaints
- IMHA available
- 1:1 sessions with nursing team
- Activity programme on ward 7 days/week
- Equality and Diversity awareness



DOCUMENTATION/LIAISON

- Legible signed dated multidisciplinary notes or contemporaneous electronic record
- Safe passing on of all information (historical and current)
- Good liaison with MHA Office:
 - Tribunal reports
 - S17 leave
 - Capacity/Consent to treatment S62 etc
- Liaison with open wards, other agencies:
 - Sharing information
 - PICU screening on admission
 - Early discharge planning
 - Outreach to wards
 - Police Probation and MAPPA
 - Forensic service/Prisons
 - Social services/Child and Family



MONITORING PERFORMANCE OF UNIT

- Aim must be to maintain good staff morale and improve performance
- Indicators include:
 - Bed occupancy (LOS etc)
 - HoNOS etc
 - Budget management
 - Sickness rates and vacancies
 - Incidents (assaults/medication errors)
 - Use of seclusion, calm room, RT
- SUIs should be used for learning to improve performance and not to attribute blame
- Ensure data collected is meaningful and interpreted in context
- Regular audits eg physical examinations



LITERATURE/RESEARCH

National guidance

Ø National Minimum Standards for PICU and LSU 2002 DOH

Ø Focus on PICUs 2008

NHS Institute for Innovation and Improvement

Ø AIMS standards for PICUs 2010

RCPsych

Original Research

- A review of the practice and position of monitoring in today's RT protocols
Innes et al Journal of Psych Intens Care 2012
- Characteristics of acute wards associated with the presence of a psychiatric intensive care unit, and transfers of patients to it
Bowers et al Journal of Psych Intens Care 2012
- What is new in Rapid Tranquilisation?
Parker et al JPIC 2011
- Lean thinking and more: Development of patient needs types in psychiatric intensive care
Kearney, Dye Journal of Psych Intens Care 2010
- The psychiatric intensive care unit: A prospective survey of patient demographics and outcomes at 7 English PICUs
Brown et al JPIC 2008

- Establishing gold standard approaches to RT: A review and discussion of the evidence on the safety and efficacy of medications currently used
Pratt et al JPIC 2008
- Psychiatric Intensive Care Units: A literature Review
Bowers et al 2008 IJSP
- A prospective survey of patient demographics and outcomes at 7 English PICUs
Brown et al JPIC 2008
- London Survey of PICUs
Pereira et al JPIC 2005
- Design in PICUs: Problems and issues
Pereira et al JPIC 2005
- Good practice issues in PICUs a national survey
Pereira et al Psych Bulletin 1999

AND FINALLY....

COMPASSION

RESPECT

