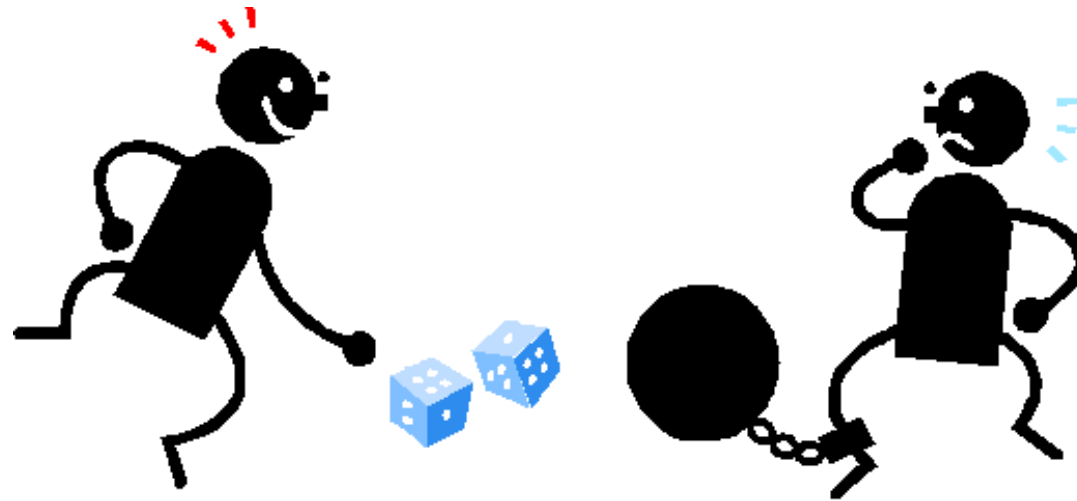
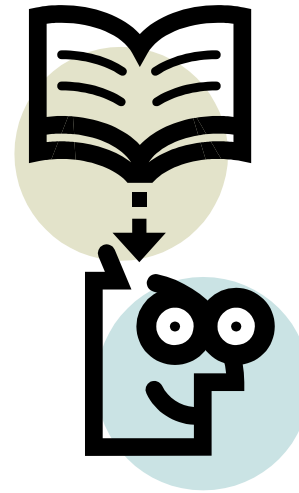


Individual Psychotherapy in PICU?



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Why?



I Can

I Can't





Choice
Whose?

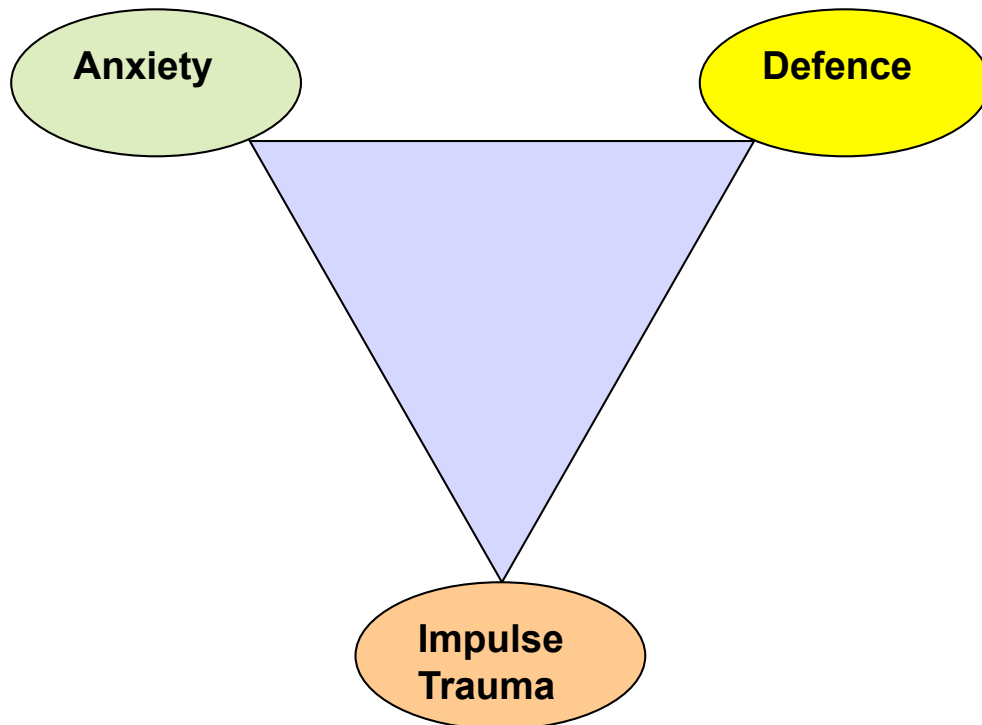


PROCESS

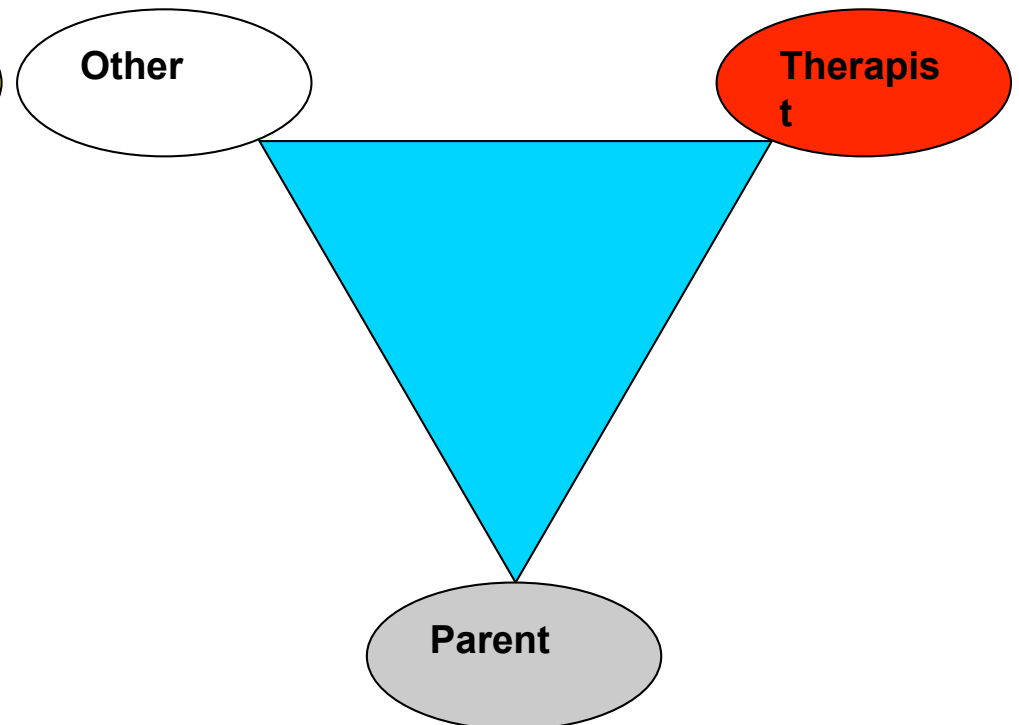
Malan's Triangles (1979)

From Menninger's Triangle of Insight

- **Defence**



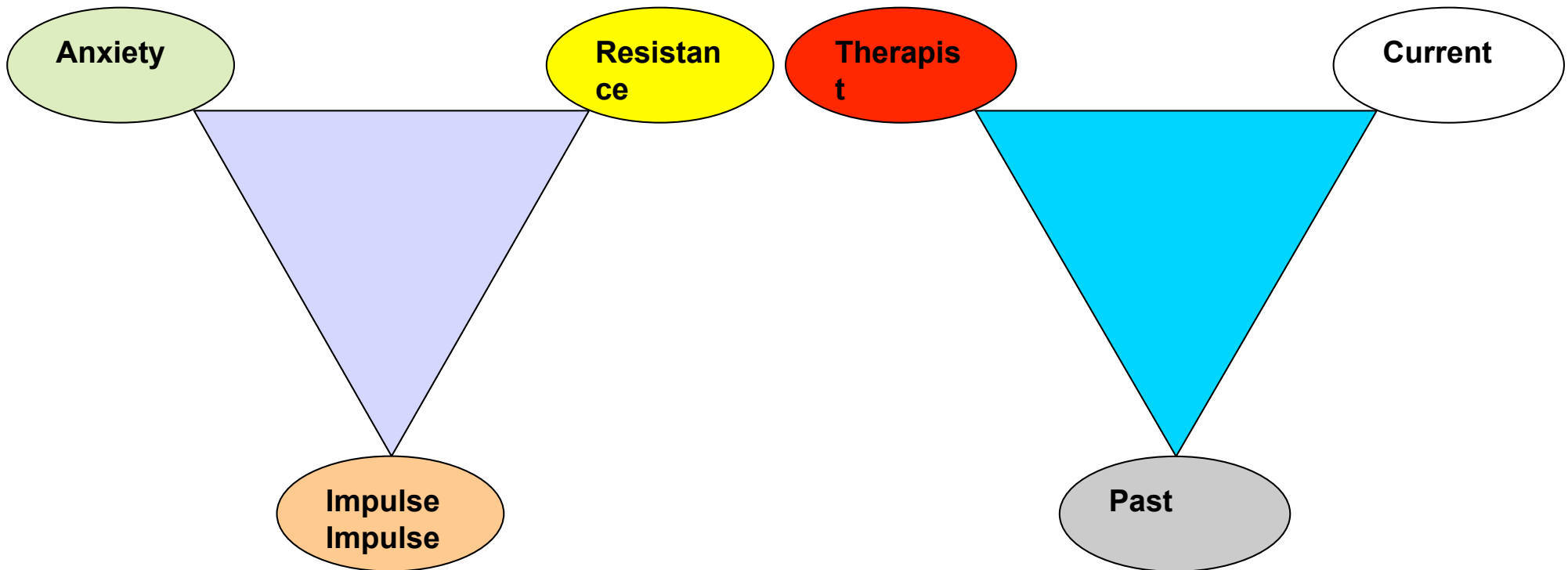
- **Person**



Short Term Dynamic Psychotherapy (of Davanloo)

- **Defence**

- **Person**



Focus on the Transference

Technique



What ?s

Observe ?

Make Observations ?

Comment on Resistance?

Stir the unconscious

Feelings ? To me?

Where are we going to get

“Corrective Emotional Experience” (Alexander)



Technique

- Use Transference feelings to ? what's going on.
- Comfortable = Not working or Not necessary.
- Anxiety = Carry on not back off. This is what patient avoids.
- Own feelings (eg sad, angry, hopeless) a hint of patients, but don't interpret, do observe for evidence & comment.

Technique

- “Relentless” on focus until Transference to fore.
- But put other foci in on shelf for future reference.
- Repeat foci as they come up again
- End determined by patient

Why Not

- Not - usual reasons eg addiction, serious suicide, chronic phobia or obsession, gross destructive or self destructive acting out (Malan).
- But – Trial of therapy & resultant anxiety with thought disorder, unmanageable acting out or simple refusal or failure to respond.

Is it OK

On PICU?
In Restraint?

