

# Rosebank Ward Sensory Room

## Dragons Den Feedback

East London   
NHS Foundation Trust

## What We Did

- £1000 from NAPICU
- £1000 from Florid
- Additional funds from ward budget to cover cost of new flooring, and new electrics and paint
- Staff members dedicated their own time to complete painting
- Service Users participated in all aspects of sensory room development
- Protocol and welcome packs (collaboration with service users in community meeting) developed to guide staff
- Sensory Room available for use by Acute Wards

## Where the money went

- **NAPICU**
- Bubble Tube
- Double Plinth



- **FLORID**
- Bean Bags, Ipod, Stereo, Relaxation CD's, Ipod Docking Station, Fibre Optic Lights, Disco ball
- Light projector



## Before the transformation!

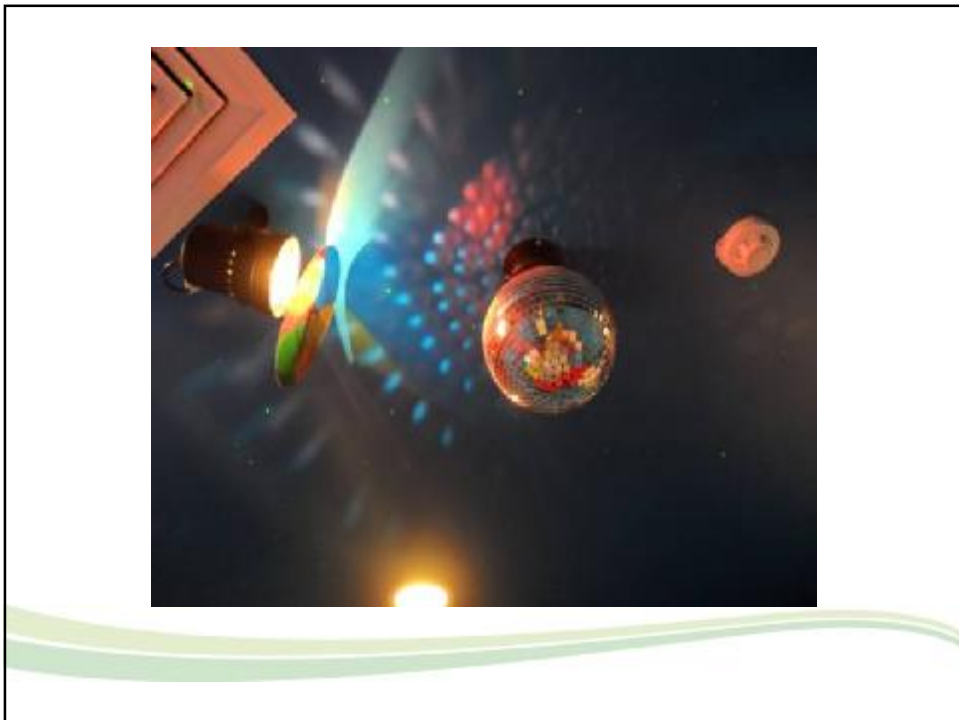


## Becks, Kelly & Cathy In Action!!



## All Finished!!!





## Opening Ceremony



- **Opening Ceremony held on 31 July**
- **Attended by Jonathan Warren Director of Nursing for East London NHS Foundation Trust**
- **Sensory Room officially opened by Kelly O'Garro – Service User**
- **Jonathan pictured with Kelly and fellow service user Donna Donnelly**

## Feedback from Service Users

- "The sensory room means a lot to me. It's like a wonderland, it stabilises us."
- "Its peaceful and calm and it's like heaven."
- "Nice, lovely and beautiful."

## Feedback from Staff

- "It's a therapeutic space that we can use to engage a patient in a low stimulus environment."
- "Dedicated space to be able to offer relaxation groups, with a variety of relaxation equipment that can be used to enhance the patient experience."
- "We are innovative in the way we work with women, providing more therapeutic choices for women of East London."
- "It's brilliant. It gives patients who are feeling anxious, somewhere where they can communicate uninterrupted. It's been brilliant to support patients on the acute wards who are distressed."
- "I think it is a good thing, as it can help patients manage their anxieties and distress. It provides a calming effect and a good way of de-escalating patients agitation."
- "It's been good, its relaxing. Now that I work with one, I wouldn't want to work on a unit that doesn't have one."

## The Future?

- Rosebank has been invited by the Nursing Director to submit a proposal for a Capital Bid to be submitted to Trust Board by Rosebank MDT to develop Sensory Rooms across the acute wards at the Tower Hamlets Centre for Mental Health.