



With all of us in mind

NAPICU Team of the Year Presentation

Trinity Unit
Fieldhead Hospital
Wakefield





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Trinity One - Overview

- 14 bedded unit with en-suite facilities
- Males and Females 18- 65
- Wakefield, Kirklees & Calderdale
- Multi- Disciplinary Approach
- Nursing, Medical and Allied Professional involvement in care
- Daily MDT meetings
- 136 Suite





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Recent Innovations

- Hearing Voices Group
- Mindfulness
- Physical Health Project
- Medicines Champions
- Recovery Model Champions
- Leave/ Discharge transcription by Pharmacist
- Alternate Routes of Clozapine FBC Sampling





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Examples of Innovation Explored

Physical Health Project

- Practice Development group formed
- Development of Service User Booklet
- Dedicated Staff Member once a week
- Audit and Research

Alternate Routes of Clozapine FBC sampling

- Service User refusal regarding venous sampling
- Fingerprint Sampling





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Future Developments

- Roll out of Physical Health Project to other areas
- Involvement in research for the Physical Health Project
- Increase in training regarding Recovery Model
- Redevelopment of areas of ward to include:
 - Clinic room
 - Extra Care Areas and Seclusion room





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Feedback

- Service User:
 - *‘I found the hearing voices group really helpful at a distressing time’*
- Staff Member:
 - *‘The recovery model helps us understand the journey that service users go through’*
- Other Professionals:
 - *‘A great initiative and in such a small time frame you have seen some positive results in terms of physical health care checks’*

