



# Online

## Dr. Dan Hume

PICU Consultant

Sussex Partnership NHS Foundation Trust

# www.napicu.org.uk

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## National Association of Psychiatric Intensive Care Units ...

[en.wikipedia.org/wiki/National\\_Association\\_of\\_Psychiatric\\_Intensive\\_Care\\_Units](http://en.wikipedia.org/wiki/National_Association_of_Psychiatric_Intensive_Care_Units)

The **National Association of Psychiatric Intensive Care Units** and low secure units (**NAPICU**) is a multi-disciplinary clinician led not-for-profit organisation ...

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13 Nov 2012 - Uploaded by Gramo Rokkaz

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## NAPICU (napicu) on Twitter

<https://twitter.com/napicu>

The latest from **NAPICU** (@napicu). **NAPICU** is a multi-disciplinary clinician led organisation committed to the development of psychiatric intensive care and low ...

## Annual Conference

NAPICU 19th Annual Conference  
'PICUs and LSUs: Leading the Pursuit of Clinical Quality'  
Venue: University of Birmingham  
Date: 4th and 5th September 2014



## New National Minimum Standards

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### About NAPICU

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We are dedicated to improving service user experience and outcome, and to promoting staff support and development within Psychiatric Intensive Care Units and Low Secure Units.



national association of psychiatric intensive care & low secure units

About us

- Executive Committee
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## About us

NAPICU is a not for profit multi-disciplinary organisation, which was formally established in 1996, and is committed to developing and promoting the specialty of psychiatric intensive care and low secure services. We are dedicated to improving patient experience and outcome, and to **promoting staff support and development**.

We promote research, **education and practice development** using **quarterly meetings** and **annual conferences**, **our journal**, our newsletter, training initiatives and this website.

Our members are mostly located in the United Kingdom, and become members when working in specific wards or units, which join our association, or as individual mental health professionals from any discipline. **We also attract members from outside the UK.**

We have the following aims:

- to improve patient experience and outcomes
- to promote staff support and development
- to improve the delivery of care
- to audit the effectiveness of care
- to promote research, education and practice development
- to provide best practice guidance in association with national bodies

Our **Executive Committee** works with key stakeholders at regional and national levels, to shape policy and practice in the area of acute inpatient psychiatry, including psychiatric intensive care and low secure services.

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## Executive Committee

The NAPICU Executive is elected at the AGM which takes place during the annual conference. Committee members must secure their employers' commitment to support them undertaking duties for NAPICU, attending executive meetings and the annual conference. The committee meets four times a year.

- Chair – [Stephen Pereira](#)
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- Treasurer – [Alan Metherall](#)
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- Executive member (AIMS-PICU lead) – [Paul Deacon](#)
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## Daniel Hume

Dan completed his medical degree at the **University of Leicester** in 1997. He went on to train in psychiatry and works as a PICU consultant for **Sussex Partnership NHS Foundation Trust** on the south coast of England. Dan is an honorary clinical lecturer at **Brighton and Sussex Medical School** and has been a member of the NAPICU executive committee since 2011. He is currently responsible for the development of this website and hopes you find it easy to use.



## Contact

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Tel: 01273 621984 (Pavilion PICU)

[daniel.hume@sussexpartnership.nhs.uk](mailto:daniel.hume@sussexpartnership.nhs.uk)

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- Annual Conference
- Local Quarterly Meetings

## Annual Conference

19th NAPICU Annual Conference  
 'PICUs and LSUs: Leading the Pursuit of Clinical Quality'  
 Venue: **University of Birmingham**  
 Date: Thursday 4th & Friday 5th September 2014

[Book online here!](#)

[Or download a registration form to complete and return to us here.](#)

We are delighted to invite you to our 19th Annual Conference. Our theme this year is wide-ranging, from national strategy and implementing outcomes from the Francis Report, to effects of new commissioning arrangements, to more scientifically rigorous quantitative and qualitative studies of clinical treatment and interventions. This year we have compiled a diverse and comprehensive programme covering many aspects of care in inpatient psychiatric services, so there should be something of interest for everyone.

Over the past year NAPICU has completed an update of the National Minimum Standards for Psychiatric Intensive Care. This has encompassed practice, pathway and cultural changes to the context in which intensive care is delivered. We are very pleased to present the updated standards which will be discussed at this years' conference.

We hope you make the most of this year's conference with presentations and breakout workshops, and we hope you'll get involved and take the opportunity to show-case your work by entering your team for our Team of the Year award, submit a poster or arrange to bring along a trust stall.

[View the draft programme](#) [here](#) (please note the draft programme may

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## Resource links

### Service development

- **Care Quality Commission** - 'ensuring national standards in England'
- **Centre for Mental Health** - 'to inspire hope, opportunity and a fair chance in life for people of all ages with or at risk of mental ill health'
- **Mental Health in Higher Education Hub** - 'to increase networking and the sharing of approaches to learning and teaching about mental health'
- **National Audit of Violence** - 'standards for inpatient mental health services'
- **National Institute for Health and Clinical Excellence (NICE)** - 'providing guidance to ensure quality and value for money'
- **Safewards** - 'targeted interventions to reduce conflict and containment on acute mental health wards'
- **Star Wards** - 'inspiring inpatient care'
- **Successful Team Engagement in inpatient Psychiatric Services (STEPS)** - 'downloadable guide'
- **Wardipedia** - 'an online, collaborative compendium of mental health inpatient care good practice'

### Environmental improvement

- **Enhancing the Healing Environment** - 'enabling nurse-led teams working in partnership with patients to improve the environment in which they deliver care'
- **Laying the Foundations for Better Acute Mental Healthcare** - 'how services and buildings can be organised and designed to facilitate desired outcomes'
- **Music in Hospitals** - 'a registered charity whose mission is to improve the quality of life of people with illness and disability through the benefits of live music'

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## Improve your unit

NAPICU and the **Royal College of Psychiatrists** have teamed up to develop an accreditation scheme called AIMS-PICU for psychiatric intensive care and low secure units in acute settings.



The first wave of units commenced assessor training in December 2009 and the programme was launched in spring 2010. The standards are based on the National Minimum Standards, recently published evidence, patient and carer consultation and expert consensus.

Member units can join a facilitated network which runs on a three year cycle. You then undertake a period of self assessment and review, followed by peer review during which the results of the self review are validated. Depending on the results of these processes units are awarded a certificate of accreditation assuming they meet requisite number of standards.

Following work undertaken by the Specialist Commissioning Groups for Low Secure Services in England, the current programme is for PICUs only while NAPICU and other stakeholders work to agree additional standards.

For more information about AIMS-PICU and joining the programme [view our information leaflet](#) or visit the [Royal College of Psychiatrists website](#).

[Find out more about unit membership of NAPICU.](#)

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## International

NAPICU is a not for profit multi-disciplinary organisation which was established in 1996 and is committed to promoting and developing the speciality of psychiatric intensive care and low secure services. As of February 2013 our members are mostly located in the United Kingdom (UK), and become members when working in specific wards or units, which join our association, or as individual mental health professionals from any discipline.

We also attract members from outside the UK. International members may also work in specific wards or units, which join our association, or join as individuals. If you wish to join the association from abroad there are discounted rates for all types of membership from developing nations.

[More information about NAPICU is available here.](#)

[More information about membership is available here.](#)

We are also starting to form international affiliate groups around the world. [Our first affiliate group has formed in Belgium.](#)

### International affiliate groups

An international affiliate of NAPICU is made up of professionals from several disciplines working in acute inpatient or emergency psychiatric services from any country outside the UK. Disciplines could include: patient representatives, carer representatives, service commissioners, policy makers, managers, professionals from non-healthcare interface agencies (e.g. criminal justice agencies), researchers, academics, educationalists, social services representatives, as well as healthcare clinicians of all disciplines (e.g. psychiatric /

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## Belgian affiliate

In the past mental health care in Belgium has been characterised by hospital beds being dedicated to residential psychotherapy. Closed wards existed, but were defined as locked psychotherapeutic wards for long stay patients with severely disturbed and aggressive behaviour. Over the last decade there has been a growing awareness that this style of care leads to problems for service users seeking appropriate care without being hospitalised, because therapeutic tools are ward based with few outpatient services.

This led to health authorities converting residential services into ambulatory and outreach services (inspired by Dutch and British models), lowering bed numbers and introducing more intensive care for inpatients. Staff in some closed wards (the first one in the Psychiatric Hospital PZ OLV of Bruges) began to adopt therapeutic models proposed by NAPICU, in order to transform closed long stay wards into intensive care wards. Attention was given to multidisciplinary team working and using a bio-psycho-social model for assessment and treatment. Shorter stays are emphasized. These wards worked closely with ambulatory crisis resolution teams, psychiatric emergency services and other community mental health outreach and outpatient services.

For 5 years staff from the first psychiatric intensive care unit in Bruges have collaborated with NAPICU and this has resulted in the first affiliate of NAPICU.

2013 will be the beginning of this promising collaboration. Other wards - working with the same model - will be invited to collaborate and create a new network of PICUs in Belgium. Along with this network, we will collaborate with health care authorities to improve management and safety, referral pathways and, last but not least, the adoption of accreditation procedures on a three year cycle.

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## Contact us

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Email: [napicu@northernnetworking.co.uk](mailto:napicu@northernnetworking.co.uk)

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# Annual Conference

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 Venue: University of Birmingham  
 Date: 4th and 5th September 2014



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# Research Internships with NAPICU

NAPICU is developing the role of unpaid internships. This would be an ideal opportunity for recently qualified psychologists or ST Trainees in psychiatry, but in line with NAPICU's multidisciplinary nature, we are inviting applications from qualified nurses, psychologists, social workers, doctors, pharmacists or occupational therapists to assist with the following projects: National Survey of PICUs [...]

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Members are able to view past **Annual Conference** and **Local Quarterly Meeting presentations** and **videos**, access the **Journal of Psychiatric Intensive Care** online for free and take **online CPD tests**.

You can find out more **about membership and how to become a member here**.

If you think you or your unit / organisation are a member, then the login name will be your email address, or the email address of the person from your unit / organisation who joined. You will also need your password. You can then **login here**.

If you are having trouble accessing the member only areas of the website, you're not sure if you or your unit / organisation have up to date membership, or you've forgotten your login email and / or password please **get in touch with us (click here to contact us)** and we will help you out.

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## Tweets

Next Local Quarterly Meeting – 10th July – Bradford – book a place online now – free to NAPICU members... <http://t.co/o4DHghQg4i> 14 hours ago

"If I'd had a serious physical illness, I'd have been treated within 18 weeks" <http://t.co/urYJ9NWSet> <http://t.co/xtiPpoko1x> 14 hours ago

66% of adults with Asperger's have suicidal ideation compared with only 17% of general population... <http://t.co/fQ6I48Qb17> 5 days ago

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# Annual Conference

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## Presentations

Presentations from past Local Quarterly Meetings and Annual Conferences are available for members to download here.

- Annual Conference 2013
- Annual Conference 2012
- Annual Conference 2011
- Annual Conference 2010
- Annual Conference 2009
- Annual Conference 2008
- Local Quarterly Meetings 2014
- Local Quarterly Meetings 2013
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## Videos

Video presentations from our 2010 Annual Conference

Shaun Bhattacharjee – ‘PICU at Broadmoor Hospital’



Paul Birkett – ‘Ethnicity and Pathways to Psychiatric Intensive Care’



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## Online CPD

The links on this page enable members to complete online multiple choice questions, as part of their continuing professional development.

The questions are based on information you can find in 'Psychiatric Intensive Care (2nd edition)' by Beer, Pereira and Paton published by Cambridge University Press (2008), and are arranged in chapters matching those in the book, so you can test your knowledge as you read through it.

### Instructions

1. Click on a chapter link to open the quiz for that chapter in a new window
2. For every question there is a stem followed by several multiple choice answers. There may be one, or more than one, correct answer for every question. Tick only the correct answers, as incorrect answers will reduce your total score.
3. When you have achieved a pass grade fill in your name on the form provided and press print to obtain a certificate.

### Part 1 - Therapeutic interventions

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## Chapter 1: Psychiatric intensive care – development and definition

According to the National Minimum Standards for PICU and LSU (Pereira & Clinton, 2002) what would be the usual upper limit for patient length of stay on a low secure unit?

- 1 year
- 2 years
- 3 years
- 4 years
- 5 years

According to the Psychiatric Intensive Care text book admission to PICUs should be governed by which of the following?

- A court's requirement for security
- Patients feeling unsafe on an open ward
- Admission from prison where there is a serious risk of absconding posed to the public
- The symptoms that drive behaviour
- The need for rehabilitation from substance misuse

In what year was the first publication describing locked Psychiatric Intensive Care Units?

- 1970
- 1973
- 1979
- 1981
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# Chapter 1: Psychiatric intensive care – development and definition

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NAPICU 19th Annual Conference

'PICUs and LSUs: Leading the Pursuit of Clinical Quality'

Venue: University of Birmingham

Date: 4th and 5th September 2014



## New National Minimum Standards

We've had a lot of queries recently about the latest update of the National Minimum Standards for PICU. The new National Minimum Standards are in a final draft form, and we are in the process of obtaining comments from stake holders before publication. At present the draft is not publicly available. We anticipate the new [...]

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NAPICU is a not for profit organisation committed to developing and promoting the speciality of psychiatric intensive care.

We are dedicated to improving service user experience and outcome, and to promoting staff support and development within Psychiatric Intensive Care Units and Low Secure Units.



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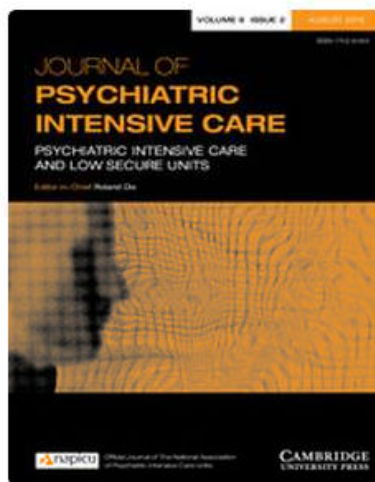
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The Journal seeks to encourage informed debate and exchange of opinion. The content includes editorials, original research, brief reports, reviews, conference reports, news and notices, but preference is given to original research of a high scientific quality.

We would welcome your input into articles to be published in future issues. We hope the Journal stimulates practitioners to put pen to paper so our audience can hear about initiatives in your area of work and share good practice. People worry writing articles takes a long time and requires expertise, but do not let this put you off from offering contributions.

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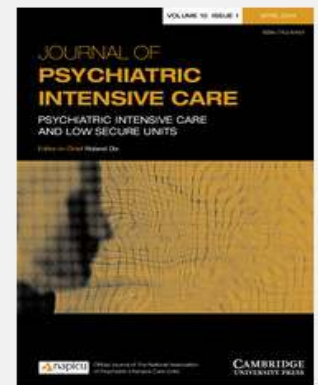
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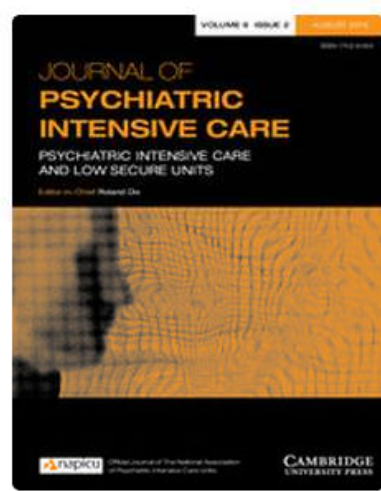
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We would welcome your input into articles to be published in future issues. We hope the Journal stimulates practitioners to put pen to paper so our audience can hear about initiatives in your area of work and share good practice. People worry writing articles takes a long time and requires expertise, but do not let this put you off from offering contributions.

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**Sian Williams**

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25 June

66% of adults with Asperger's have suicidal ideation compared with only 17% of general population <http://tinyurl.com/jwwwukd>



**Adults with Asperger's syndrome 'at higher risk of suicidal thoughts'**

www.medicalnewstoday.com

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NAPICU is an expanding organisation committed to developing and promoting the intensive care speciality. The Association was officially formed in 1998 although the roots of its formation lie three years previous to that.

**Mission**  
The aim of the National Association of Psychiatric Intensive Care and Low Secure Units (NAPICU) is to advance the care and treatment of those people who require Psychiatric Intensive Care and low secure units in acute services. We try to achieve this through promoting and sharing good practice, providing education and training, encouraging clinicians to establish networks and by undertaking research and audit.

**Description**  
The National Association of Psychiatric Intensive Care and Low Secure Units (NAPICU) is a truly multi disciplinary clinician lead organisation committed to the development of psychiatric intensive care and low secure services primarily in the UK. We are very proud to announce that we are now in our 17th year.

**Specialties**  
Psychiatric Intensive Care, Low Secure Care, Mental Health, Multi Professional



<b>Website</b> http://www.napicu.org.uk	<b>Industry</b> Mental Health Care	<b>Type</b> Nonprofit
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