

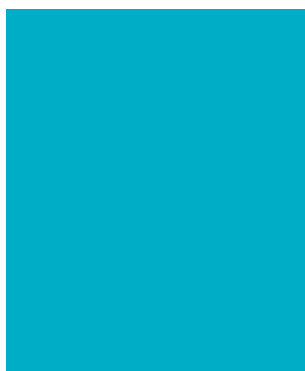
# Strategic Direction

## Low Secure and PICU services

### NAPICU – Sept 2014



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# What impacts on strategic direction?

- Culture and strategic direction of NHS generally
- Funding
- Legislation and Regulation
- Quality and outcomes

# Under New Management

- Focus on commissioning
- Local flexibilities – one size does not fit all
- Radical transformation – further, faster
- ‘rights-based approach’ to provision



# Funding

- *“.....Or to better connect the specialised commissioning of £1 billion of medium and low secure psychiatric services with local mental health service planning.”*

*Simon Stevens – May 2014*

- Specialist Commissioning Review
- ‘Transforming Care’ commitment

# Legislation and Regulation –

## 1 – Mental Health Act Code of Practice Consultation

- *“CQC’s Annual Reports have shown that some commissioners of services, local authorities and health and care professionals have not always taken their responsibilities in relation to patients detained under the Act or subject to a CTO sufficiently seriously.<sup>12</sup> There is evidence that some individuals continue to be detained who could live in other less restrictive settings. At Winterbourne View and other places, professionals appear to have ignored, or not known what action they could take to remedy the poor care that individuals received”*

# Mental Health Act Code of Practice Consultation

- Mental Health Act Code of Practice consultation
  - “Equality and Human Rights-based approach”
  - Reducing restrictive interventions
  - Avoiding use of ‘blanket’ restrictions
  - Ensuring reviews happen, individuals have a say in care and treatment, and discharges happen as soon as possible
  - Hospital-based ‘Places of Safety’ – upper limit 24hrs in Police Cells
  - Access to IMHAs
  - Care closer to home

**Respond by 12<sup>th</sup> September**

# Legislation and Regulation

## 2 – MCA/DoLs review

- “Valuing Every Voice, Respecting Every Right”
  - Increased Awareness
  - Embedded in all training
  - Increase in numbers of ‘Lasting Powers of Attorney’
  - Self Audit tools for providers and Boards
  - CQC regulation of MCA use
  - Use of commissioning as tool to ensure compliance
    - In standard NHS contract for 15/16

# Legislation and Regulation

## 3 – CQC Standards

- Safe, effective, caring, responsive, well-led
  - Key lines of Enquiry (KLoEs)
    - Risk and Safety
    - Minimisation of restrictive practice
    - Adherence with legislation to protect rights
    - Involvement and Engagement
    - Service User and Care/Family feedback



# Quality and Outcomes

## 1 – Positive and Proactive Care

- Reducing the need for restrictive interventions
  - Staff must not deliberately restrain people in a way that impacts on their airway, breathing or circulation, such as face down restraint on any surface, not just on the floor
  - If restrictive intervention is used it must not include the deliberate application of pain.
  - Individualised support plans, incorporating behaviour support plans, must be implemented for all people who use services who are known to be at risk of being exposed to restrictive interventions.

# Quality and Outcomes

## 1 – Care and Treatment Reviews

- To review every placement within a specified time period (?3 months). Individual, Care Team, Commissioner, external expertise:
  - Ensure all Human rights are met
  - Least restrictive practice and environment
  - In line with best practice
  - To support the journey to discharge

# Quality and Outcomes

## 1 – Learning Disability Services

- 947 – Low Secure Services
- 132 – CCG commissioned services
  
- All need to be on registers
- All need reviews and discharge dates
- Priority for Care and Treatment Reviews
- Commitment to reduce numbers of commissioned beds

# Strategic Direction?

## Good quality services

- Individual, rights-based care much more focused on legal frameworks
- Commissioning aligned with local Care Pathways
- Appropriate use of restrictive interventions in line with guidance and CQC standards
- Better medication practice
- Service User and family/carer feedback
  - CQUINs to support therapeutic interventions, Safe Wards etc

# Strategic Direction?

## Good quality services

- Focus on commissioning the vehicle to drive quality
- National commitment to fewer learning disability inpatient beds
- *“Think like a patient, act like a tax-payer” –  
Simon Stevens June 2014*
- *“If it’s not good enough, don’t buy it” –  
Hazel Watson, September 2014*