

South London and Maudsley

NHS Foundation Trust



Quality care in PICU

OT perspective

Francesca Pompili

Senior Occupational Therapist

Eileen Skellern 1

South London and the Maudsley NHS Foundation Trust

QUALITY OT IN PICU

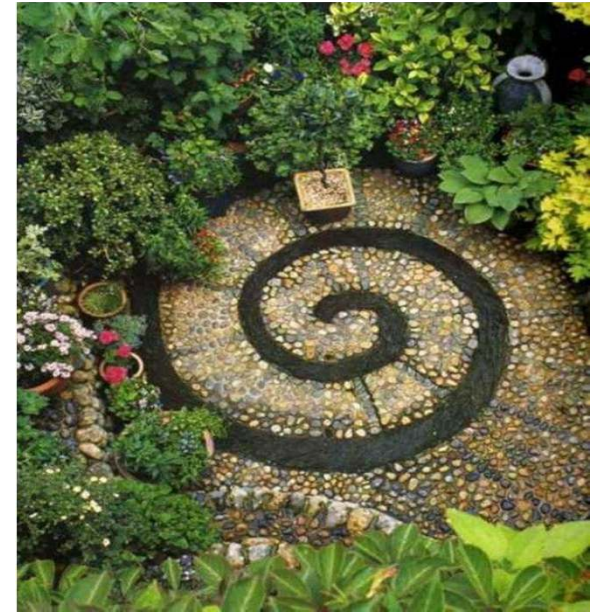
- Quality care = care that is safe, effective & improves patient experience (DoH, 2008)
- Vision: delivery, characteristics & outcomes

DELIVERY

- **Groups vs 1:1s: 3 tiers**
 - Diversional/containment groups (boredom; social participation & peer support)
 - Therapeutic groups (functional Ax; remotivation, educational, skills & performance components)
 - 1:1 work (Ax, remotivation, sensory approaches, meaningful routine...)

DELIVERY

- Environment



CHARACTERISTICS

- Flexible timetable
- The OT “toolbox”: from toasties to trampolines
- Choice, control & “meaningless” activity
- MDT work

OUTCOMES

- ↓ violence & aggression
- ↓ levels of seclusion
- ↑ feelings of safety & of being supported
- ↑ patient satisfaction
- ↑ insight into lifestyle / on the road towards improved function & occupational balance

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