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| 09.00 – 09.30 | <b>Registration and Refreshments</b>  |
| 09.30 – 09.40 | <p><b>Welcome and Overview: Women's PICU Provision &amp; The Challenges</b><br/>         Dr Faisal Sethi, Consultant Psychiatrist (PICU), Maudsley Hospital, South London &amp; Maudsley NHS Foundation Trust and NAPICU Vice-Chairman</p>  |
| 09.40 – 09.45 | <p><b>Women's PICU – What does caring look like?</b><br/>         Deborah, Carer Representative<br/>         Dr Shanika Balachandra, Consultant Psychiatrist, Shannon Ward PICU, Central and North West London NHS Foundation Trust and NAPICU Deputy Director of Scientific Programmes</p>   |
| 09.45 – 10.30 | <p><b>Multidisciplinary Pearls in Women's PICU</b></p> <p><b><u>Medication</u></b><br/>         Mrs Caroline Parker, Consultant Pharmacist for Adult Mental Health Services, Central and North West London NHS Foundation Trust and NAPICU Director of Operations</p> <p><b><u>Psychological Interventions</u></b><br/>         Dr Nicola Begum, Clinical Psychologist, Rosebank Ward PICU, East London NHS Foundation Trust</p> <p><b><u>Occupational Therapy</u></b><br/>         Mrs Rebecca Davies, PICU Occupational Therapist, ES1 PICU, Maudsley Hospital, South London and Maudsley NHS Foundation Trust</p> <p><b><u>Associated Therapies</u></b><br/>         Mr Nick Goss, Tai Chi Instructor and Psychotherapist Shannon Ward PICU, Central and North West London NHS Foundation Trust and<br/>         Mrs Diane Eagles, PICU Art Psychotherapist and Older People &amp; Healthy Ageing Arts Psychotherapies Head Central and North West London NHS Foundation Trust</p> |
| 10.30 – 11.15 | <p><b>Physical Healthcare Topics in Women's PICU</b></p> <p><b><u>Sexual &amp; Reproductive Health</u></b><br/>         Dr Kirsten Ellis, Consultant Psychiatrist, Psychiatric Intensive Care for Women (Rosebank Ward), Tower Hamlets Centre for Mental Health, Consultant Psychiatrist for the East London Criminal Justice Mental Health Liaison Service</p> <p><b><u>Management of Incontinence and Enuresis in Women's PICU</u></b><br/>         Dr Matthew Hartley, South London and Maudsley NHS Foundation Trust</p> <p><b><u>Cardiovascular Risk Profiling &amp; Obesity</u></b><br/>         Professor David Osborn, Professor &amp; Consultant Psychiatrist, Division of Psychiatry, University College London and Camden and Islington NHS Foundation Trust</p> <p><b><u>Pregnancy &amp; Post-Partum</u></b><br/>         Dr Jona Lewin, Consultant Psychiatrist, Coombe Ward Mother &amp; Baby Unit, Central and North West London NHS Foundation Trust</p>              |

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| <p>11.15 – 12.00</p> | <p><b>Psychiatric Topics in Women's PICU</b></p> <p><b><u>Rapid Tranquillisation &amp; Restraint</u></b><br/> <i>Ms Charlene Alfred, Matron, Shannon Ward PICU, Central and North West London NHS Foundation Trust and Ms Jessica Partington, Clinical Team Leader, Shannon Ward PICU, Central and North West London NHS Foundation Trust</i></p> <p><b><u>Managing Mania in the Women's PICU</u></b><br/> <i>Dr Shanika Balachandra, Consultant Psychiatrist, Shannon Ward PICU, Central and North West London NHS Foundation Trust and NAPICU Deputy Director of Scientific Programmes and Mr Ryan Passey, Clinical Team Leader, Shannon Ward PICU, Central and North West London NHS Foundation Trust</i></p> <p><b><u>Adult Safeguarding &amp; Sexual Assault</u></b><br/> <i>Ms Rebecca Lingard, Nursing Matron, East London NHS Foundation Trust &amp; Honorary Lecturer, City University</i></p> <p><b><u>Working with Women and Children Safely</u></b><br/> <i>Ms Shirley McNicholas, Women's Lead and Team Manager, Camden and Islington NHS Foundation Trust</i></p> |
| <p>12.00 – 12.15</p> | <p><b>Questions and Comments for Morning Presenters</b></p>   |
| <p>12.15 – 13.15</p> | <p><b>Lunch</b></p>   |
| <p>13.15 – 14.15</p> | <p><b>Relational Insights &amp; Personality Disorder in the Women's PICU</b></p> <p><i>Mr John Glyn, Psychoanalytic Psychotherapist, West London Mental Health Trust</i></p> <p><i>Ms Amanda MacKenzie, Senior Nurse, West London Mental Health Trust</i></p> <p><i>Dr Julia Blazdell, Service User Consultant, West London Mental Health Trust Managed Clinical Network, London</i></p> <p><i>Ms Gillian Kelly, Deputy Director of Nursing, West London Mental Health Trust</i></p>  |
| <p>14.15 – 14.35</p> | <p><b>Nursing Recruitment in Women's PICUs &amp; Nursing Competencies</b></p> <p><i>Mrs Sharon Chihowa, PICU Clinical Services Lead, Acute Care Clinical Academic Group, South London and Maudsley NHS Foundation Trust</i></p>   |
| <p>14.35 – 15.45</p> | <p><b>Developing Clinical, Operational &amp; Workforce Standards for Women's PICUs – Interactive Session</b></p> <p><i>Dr Faisal Sethi, Consultant Psychiatrist (PICU), Maudsley Hospital, South London &amp; Maudsley NHS Foundation Trust and NAPICU Vice-Chairman and Ms Chloe Finamore, Research Assistant, The Cassel Hospital, West London Mental Health Trust</i></p>  |
| <p>15.45 – 16.00</p> | <p><b>Summary Overview / Discussion / Next Steps</b></p> <p><i>Dr Faisal Sethi, Consultant Psychiatrist (PICU), Maudsley Hospital, South London &amp; Maudsley NHS Foundation Trust and NAPICU Vice-Chairman</i></p>  |