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national association of psychiatric intensive care & low secure units

# *Preliminary Programme*

## 23rd Annual NAPICU Conference
## Holywell Park
## Loughborough University
## Thursday 6th – Friday 7th September 2018

**NAPICU Administration Office**
Scottish Enterprise Technology Park, 60 Nasmyth Avenue, East Kilbride, Glasgow, G75 0QR
Email: info@napicu.org.uk Phone: 01355244585

# Introduction to the Conference

The National Association of Psychiatric Intensive Care and Low Secure Units (NAPICU) is delighted to welcome you to our 23rd Annual Conference at Holywell Park, Conference Centre, Loughborough University on Thursday 6th and Friday 7th September 2018.
The theme for this, our twenty third Annual Conference, will be:

## Quality improvement in Acute, Emergency and Forensic Mental Healthcare

Our theme of quality improvement is ensuring health care is safe, effective, patient-centred, timely, efficient and equitable. With the high level of national change and growing financial pressures, the challenge is retaining the patient at the centre of our focus and to ultimately improve quality outcomes for patients.

The conference will feature a wide-range of forums to enable clinicians to share knowledge and gain more insight into understanding patients and carers needs. We have compiled a diverse and comprehensive programme ranging from implementing outcomes of latest clinical guidelines, updates on new commissioning arrangements, to more scientifically rigorous quantitative and qualitative clinical studies, covering many aspects of care in in-patient psychiatric services.
To maximise the benefits of the conference for every delegate, we are running some parallel sessions. The Poster Session will continue to allowing submissions to be presented more thoroughly in an interactive session and there will be the judging session for the Team of the Year Award. This year NAPICU and BAP have worked together on the production of the rapid tranquillisation guidelines and this will feature in our conference.

We aim to provide you with some useful ideas and thoughts which you can take away and use in your place of work. The sharing of perspectives and ideas allows for the opportunity to network globally. Thus, a learning event which we know will be fascinating and enjoyable.

The programme has been designed with our delegate's feedback from previous years in mind and we hope it is interesting and enjoyable. This will hopefully provide you with some useful ideas and thoughts which you can take away and use in your place of work. Finally, looking at the progress made and the changes the health services have undergone, it is a testament to the hard work, efforts and expertise of the clinical staff which has made all of the advances possible.

We would also encourage you as clinicians to join us at NAPICU and hear your opinions and views, the conference will provide opportunities for feedback and for networking with colleagues, nationally and internationally.

Dr Shanika Balachandra
NAPICU Deputy Director of Scientific Programmes

## Conference Planning Committee

**Dr Dinal Vekaria,** *Consultant Psychiatrist (PICU), Hertfordshire Partnership NHS Foundation Trust and NAPICU Deputy Director of Scientific Programmes*
**Dr Shanika Balachandra,** *Consultant Psychiatrist, Central and North West London NHS Foundation Trust and NAPICU Deputy Director of Scientific Programmes*
**Mrs Jules Haste,** *Lead Pharmacist for Sussex Partnership NHS Foundation Trust (Brighton and Hove) and NAPICU co-opted executive member*

## Pre-Conference Training Event

# Exploring the risks of Rapid Tranquillisation

### Wednesday 5th September 2018, 14.00 – 17.00

Holywell Park, Loughborough University

**Course Leader;**
**Mrs Jules Haste,** *Lead Mental Health Pharmacist, Brighton & Hove, Sussex Partnership NHS Foundation Trust, NAPICU Executive Committee Member*
**Ms Laura Woods,** *Ward Manager, Lewes Prison, Sussex Partnership NHS Foundation Trust, NAPICU Executive Committee Member*

NAPICU welcomes you to this training event on: **Exploring the risks of Rapid Tranquillisation**.

This training day will explore the main risks of Rapid Tranquilisation focusing on guidance and how this can be implemented into practice.

This training event will discuss the use of pharmacological methods when urgent sedation with medication is required, often referred to as 'rapid tranquillisation'.

The day will concentrate on:-

- Oral PRN versus parental medication
- Combination medications
- Pharmacokinetics of the medications used
- Understanding the risks and adverse events
- Evidence base for post RT physical health monitoring and developing local "Post RT Non-Contact Physical Health Monitoring Schedules"

The training day will be participant led therefore bring a copy of your trust guidance to discuss on the day will be useful.

**Please note:** this event is not included in conference registration fee, but can be added as an additional item on your booking form. You may also attend this event if you are unable to attend the full conference however, priority will be given to conference delegates. The cost of this training session is £80.

# Social Programme

## Village Bar
## Welcome & Quiz Night
*Wednesday 5th September 2018*

**Please come along and join us at our annual NAPICU quiz night after dinner on Wednesday 5th September 2018 in the Village Bar at Loughborough University.** This will be a great opportunity to meet with colleagues and friends to share good practice and for those of you who are first time attendees it is an opportunity to meet and greet with the NAPICU Executive Committee Members and fellow first time attendees. In order to add a light-hearted, competitive edge to the evening, an informal quiz will be run with a variety of prizes. The themes of the quiz will be wide ranging and will encourage increased interaction and reflection. The informal quiz night is included in your registration fee.

## 23rd Annual Gala Dinner
*Thursday 6th September 2018, 19.30*
*The Turing, Holywell Park, Conference Centre, Loughborough University*

This year's Gala Dinner which will be followed by a 3-course meal accompanied by refreshments and entertainment at the The Turing, Holywell Park, Conference Centre, Loughborough University. The Turing will be transformed into a beautiful Gala Dinner venue right in the heart of the University Grounds. Please note the drinks reception will be held at the Interactive Poster and Exhibition Session following the last presentation of the day.

The Gala Dinner is included in your registration fee; however you must book in advance to guarantee a place. If you wish to join us for this dinner please ensure you select the option on your registration form and please provide any specific dietary requirements you may have in advance of the dinner.

*A green dietary requirements card will be placed in the back of your badge with your allocated ticket. Please bring both of these items with you to the Gala Dinner on Thursday 6th September 2018.*

# Conference Programme at a Glance

*Please note: This programme is preliminary, speakers, timings, sessions and topics are subject to change*

## Thursday 6th September 2018

**Quality improvement in Acute, Emergency and Forensic Mental Healthcare**

**Holywell Park, Conference Centre, Loughborough University**

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|---|---|
| **08.30 – 09.00** | **Registration** |
| 09.10 – 09.30 | **Opening Address & Welcome**<br>**Dr Stephen Pereira**, *Consultant Psychiatrist, London and NAPICU Chairman* |
| 09.30 – 10.05 | **Keynote Speaker**<br>**Professor Wendy Burn**, *President of the Royal College of Psychiatrists* |
| 10.05 – 10.40 | **Keynote Speaker**<br>**Ms Claire Murdoch,** *National Mental Health Director for NHS England and Chief Executive, Central & North West London NHS Foundation Trust* |
| **10.40 – 11.10** | **Tea and Coffee Break** |
| 11.10 – 12.45 | **Parallel 1: Art and Design in Acute Psychiatry**<br><br>**Chair: Mr Chris Dzikiti,** *Programme Manager, North London Partners in Health and Care and NAPICU Deputy Treasurer (International Liaison)*<br>**P1 Session 1: Art & Mental Health: ES1 PICU**<br>**Dr Sophie Butler,** *Specialist Registrar in General Adult Psychiatry, South London & Maudsley NHS Foundation Trust*<br>**Ms Niamh White,** *Co – founder of Hospital Rooms*<br>**P1 Session 2: PICU Ward Design**<br>**Mrs Jenny Gill,** *Chairman Design in Mental Health Network*<br>**P1 Session 3: Psychological approach to Inpatient Environment**<br>**Dr Nick Rhodes,** *Clinical Psychologist; Head of Patient Environment for Central & North West London* |
| 11.10 - 12.45 | **Parallel 2: PICU Pathway in relation to Prison and Forensic Settings**<br><br>**Chair: Mr Paul Deacon,** *NAPICU Executive Committee Member*<br>**P2 Session 1: Prisoner to PICU Pathways**<br>**Ms Laura Woods**, *Ward Manager, Lewes Prison, Sussex Partnership NHS Foundation Trust*<br>**P2 Session 2: Prison Psychiatry, Issues and Opportunities within the PICU Pathway**<br>**Dr Andrew Forrester,** *Consultant and Honorary Senior Lecturer in Forensic Psychiatry Clinical Director, Offender Health Research Network, University of Manchester*<br>**P2 Session 3: NAPICU National Minimum High Secure Standards**<br>**Mr Andy Johnston,** *Independent Consultant, Associate/Consultant Centre for Mental Health and NAPICU Executive Committee Member* |
| **12.45 – 13.30** | **Lunch with Exhibition** |

| | |
|---|---|
| 13.30 – 15.00 | **Parallel 3: Challenges in Prescribing**<br><br>**Chair: Dr Faisil Sethi,** *Consultant Psychiatrist, PICU, Associate Clinical Director (Interim) for Complex Care (Psychosis Clinical Academic Group), South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member*<br>**P3 Session 1: Joint BAP NAPICU evidence-based consensus guidelines for the clinical management of acute disturbance: de-escalation and rapid tranquillisation**<br>**Dr Maxine Patel,** *Consultant Psychiatrist, Oxleas NHS Foundation Trust, British Association for Psychopharmacology (BAP)*<br>**P3 Session 2: TBC**<br>**P3 Session 3: POMH-UK data relevant to PICU prescribing practice**<br>**Professor Thomas R. E. Barnes,** *Emeritus Professor of Clinical Psychiatry, Imperial College London* |
| 13.30 – 15.00 | **Parallel 4 Non-traditional Therapies in Acute Psychiatric Recovery**<br><br>**Chair: Dr Wendy Sherwood,** *Consultant Occupational Therapist, International Creative Ability Network*<br>**Parallel 4 Session 1: Art Psychotherapy in PICU**<br>**Mrs Diane Eagles,** *PICU Art Psychotherapist and Older People & Healthy Ageing Arts Psychotherapies Head Central and North West London NHS Foundation Trust*<br>**Parallel 4 Session 2: TBC**<br>**Parallel 4 Session 3: The use of Tai Chi in the PICU**<br>**Mr Nick Goss,** *Tai Chi Instructor and Psychotherapist Shannon Ward PICU, Central and North West London NHS Foundation Trust* |
| **15.00 – 15.30** | **Tea and Coffee Break** |
| **15.30 – 16.45** | **Chair: Mrs Caroline Parker,** *Consultant Pharmacist for Adult Mental Health Services, Central and North West London NHS Foundation Trust and NAPICU Director of Operations*<br>**Mr Malcolm Rae,** *NAPICU Fellow, Chair of Trustees, State of Mind Sport*<br>**Mr Ian Smith,** *a former Superleague referee*<br>**Mr Phil Veivers,** *a former super league player and head coach* |
| **16.45 – 17.45** | **Interactive Poster and Exhibition session with Wine and Cheese**<br>**Babbage Area, Holywell Park Conference Centre** |
| 19.30 | **NAPICU Gala Dinner**<br>**The Turing, Holywell Park, Conference Centre, Loughborough University** |

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## Friday 7th September 2018

| Quality improvement in Acute, Emergency and Forensic Mental Healthcare<br>**Holywell Park, Conference Centre, Loughborough University** | |
|---|---|
| **08.45 – 13.30** | **Registration** |
| 09.10 – 10.00 | **NAPICU Annual General Meeting and Open Forum** |
| 10.00 – 10.05 | **Chair's Introduction**<br>**Dr Aileen O'Brien,** *Reader in Psychiatry & Education and Honorary Consultant Psychiatrist (PICU), St. George's University of London and NAPICU Director of Educational Programmes* |
| 10.05 – 10.20 | **NAPICU National Survey**<br>**Ms Lucy Walker** *Research Fellow for The National Survey, NAPICU*<br>**Dr Stephen Pereira,** *Research Lead for The National Survey, NAPICU* |
| 10.20 – 10.50 | **Applying Quality Improvement method in a PICU**<br>**Mr James Innes,** Head of Quality Improvement, East London NHS Foundation Trust |
| 10.50 – 11.30 | **NAPICU Quality Improvement Project**<br>Successful Short Listed Presentations |
| 11.30 – 11.50 | **Tea and Coffee Break** |
| 11.50 – 12.20 | **Grenfell Psychiatric Trauma in Acute Care**<br>**Dr John Lowe,** *Consultant Psychiatrist, St Charles Hospital, Director of Education, Central and North West London NHS Foundation Trust*<br>**Dr Jim O'Donnell,** *Deputy Borough Director, Kensington and Chelsea, Central and North West London NHS Foundation Trust* |
| 12.20 – 13.05 | **The Patient & Carer Perspective TBC** |
| 13.05 – 13.15 | **NAPICU Conference 2018 Awards: Winning Poster and NAPICU Quality Improvement Project**<br>***Mr Alan Metherall,*** *Associate Director, Nursing and Quality, Avon and Wiltshire NHS Foundation Trust, NAPICU Treasurer* |
| 13.15 – 13.30 | **Summing Up and Thanks**<br>**Mr Roland Dix,** *Approved Clinician, Consultant Nurse in Psychiatric Intensive Care & Secure Recovery, 2gether NHS Foundation Trust and Editor-in-Chief Journal of Psychiatric Intensive Care & Low Secure Units, NAPICU Executive Member* |
| 13.30 | **Lunch with Exhibition** |

# Registration Form

23rd Annual NAPICU Conference
Holywell Park, Loughborough University
Thursday 6th – Friday 7th September 2018

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## Personal Details

Family Name: _____ Title (Prof/Dr/Mr/Ms/Other) _____

First Name: _____ Name for Badge: _____

Trust/Organisation: _____

Ward: _____ Address: _____

City: _____ County: _____ Postcode: _____ Country: _____

Phone: _____ Fax: _____ Email: _____

I do not wish for my details to appear on the delegate list (please tick if applicable) ☐

## Registration Fees

| On/Before 30th July 2018 | Member* | No. | Non-Member | No. | Sub-Total |
|---|---|---|---|---|---|
| Early bird conference delegate rate | £455 | | £555 | | |
| Early bird conference group rate for 6 ward members (saving £55 pp) | £2400 | | **N/A** | | |
| Early bird conference & training event | £535 | | £635 | | |
| Early bird conference & training group rate for 6 ward members | £2880 | | **N/A** | | |
| **After 30th July 2018** | | | | | |
| Conference delegate rate | £505 | | £615 | | |
| Conference group rate for 6 ward members (saving over £20 pp) | £2900 | | **N/A** | | |
| Conference & training event | £585 | | £695 | | |
| Conference & training group rate for 6 ward members | £3380 | | **N/A** | | |
| *A limited number of student places are available, for more information please contact the admin office on the details below.* | | | | **Total** | |

*Please note: If your 2018/19 Membership dues are not paid by 1st August 2018, you will be charged the non-member rate

## Accommodation & Social Event

I will require accommodation on (please tick):

Wednesday 5th September ☐ Thursday 6th September ☐ I do not require accommodation ☐

I wish to attend the Gala Dinner on Thursday 6th September Yes ☐ No ☐

Special Dietary/Access Requirements _____

## Payment Details

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| If you require an invoice please complete the section below: | | | | | |
|---|---|---|---|---|---|
| Name: | | Purchase Order No: | | | |
| Address: | | | | | |
| | | | | | |
| Postcode: | | Email: | | Phone: | |

**To pay by card please complete section below (Amex not accepted)**

Card Number | | | | | | | | | | | | | | | | |

Expiry Date (MM/YYYY): _____ Security Code (last 3 digits): | | | |

Cardholder's Signature: _____ Date: _____

Secure on-line registrations & payment can be made for **individual bookings only** on the website – www.napicu.org.uk and completing the registration. We cannot accept online payment with Amex. You will receive an automatic confirmation of payment and we will send you a separate receipt and details of how to get to the venue.

**Cancellation of registration by Delegate –** it is a condition of this booking that notification of cancellations and requests for refund should be made in writing to Northern Networking Events Ltd. For cancellations received before 8th July 2018, 80% of the total remittance will be refunded. Cancellations received on or after 8th July 2018 and prior to 22nd July 2018 50% of the total remittance will be refunded. Fees will not be refunded after 31st July 2018. Substitute names can be made at no extra cost but must be made in advance in writing.

**Cancellation of Conference/Alteration to Conference –** it is a condition of this booking that Northern Networking Events Ltd and/or its agents have the right for any reason beyond their control to alter or cancel, without prior notices, the conference or any of the arrangements, timetables, plans or other items relating directly or indirectly to the Conference and that Northern Networking Events Ltd and/or its agents shall not, subject as aforementioned, be liable for any loss, damage, expenditure or any inconvenience caused as a result of such alteration or cancellation and in the event of cancellation of the Conference the pre-paid delegate registration fees will be returned in full and Northern Networking Events and/or its agents shall not be liable for any loss damage, expenditure or inconvenience caused as a result of such cancellation.

Please tick to confirm you have read and understood the above terms and conditions ☐