

## **Course Outline**

### **Acute, Intensive and Emergency Psychiatric Care**

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| <b>MODULE CODE:</b>       | <b>LEVEL: 7</b>  | <b>CREDITS: 15</b> |
| <b>TITLE:</b>             | <b>Acute, Intensive and Emergency Psychiatric Care</b>   |                    |
| <b>DATES:</b>             | <b>4 days over 2 weekends, with online work</b><br><b>Dates- 26th and 27th January 2019</b><br><b>-9<sup>th</sup> and 10<sup>th</sup> March 2019</b> |                    |
| <b>PREREQUISITES:</b>     | Health care professional with appropriate professional qualification (medicine/ nursing/ OT/ pharmacy/ psychology).                                  |                    |
| <b>CO-REQUISITES:</b>     | There are no co-requisites.  |                    |
| <b>MAXIMUM NUMBER:</b>    | 40 students  |                    |
| <b>MODULE ORGANISERS:</b> | Dr Aileen O'Brien and Dr Paul Gosney   |                    |

## **OVERVIEW**

Parity of esteem for mental and physical health is a UK national priority and the five-year forward plan for mental health has stressed the need for training of health professionals.

Mental health services are under pressure and especially challenging for health professionals are the times when patients present in crisis, especially if that crisis involves acute behavioural disturbance or increased risk to self or others. Patients at this vulnerable time need to be assessed and managed by multidisciplinary professionals trained in and skilled at dealing with what can often be difficult and complex situations.

This is a 15-credit level 7 module aimed at practitioners in psychiatry, nursing, psychology, pharmacology, OT and primary care.

It has been developed in collaboration with NAPICU, the National Association of Psychiatric Intensive Care Units.

## **LEARNING AIMS**

This module aims to enable practitioners in acute, emergency and intensive and emergency psychiatric care settings to apply and adapt their existing skills to assess and treat patients who are acutely unwell. These settings can be inpatient wards, accident and emergency departments, acute wards, psychiatric intensive care wards, home treatment teams and the general hospital and primary care settings. The aim is to help practitioners develop expert knowledge of assessment, formulation skills, differential diagnosis and management.

## **LEARNING OUTCOMES**

On completion of the course students will be able to:

1. Identify and describe the patient who requires an increased level of care
  2. Demonstrate their existing competencies in dealing with acute mental health situations
  3. Critically evaluate the assessment process
  4. Synthesise evidence regarding interventions
  5. Evaluate impact of interventions
  6. Demonstrate an understanding of the application of relevant policy frameworks
  7. Demonstrate an understanding of relevant legal and ethical issues
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## **CURRICULUM CONTENT**

The module takes place over two weekends with online learning scheduled before and between the two weekends.

The core of the course will consist of seminars, based on specific topics (see below). The “typical” patient and their journey will be developed over the course, building on the schedule to critically evaluate the relevant literature and use practical examples from the students.

The structure of the seminars will vary, but will be a mixture of small group work, case analysis, presentations and discussions.

Drs O’Brien and Gosney will oversee the teaching, but each session will be co-delivered by practitioners of different disciplines. Many of the practitioners agreeing to teach on the course are experts in their respective fields.

Students will be expected to complete 5 hours of guided study around each seminar topic.

Students will also be expected to learn through self-directed learning and independent study.

Online material will be available both before the first session and between the two weekends. Preparation will usually involve students reading around the subject, based on the online material available and will be expected to base discussion around cases.

Video seminars will be used to aid the learning.

## **TEACHING AND LEARNING STRATEGY**

Contact hours: 40 comprising: 20 hours of seminars/ tutorials and 20 hours of web based fora and virtual patient work

Non-contact hours: 110 hours

Total hours: 150 hour

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It is envisaged that the student will have had time to prepare before each weekend and asked to think about examples from their practice to bring to the seminars. The students will have been given e-learning material. The sessions will use a combination of didactic information, discussions of the material they have been given and the patient journey a virtual patient to build a “typical patient”.

### **ASSESSMENT STRATEGY**

The module will be assessed by in-course assessment (engagement and participation) 25% and by a written assignment 75%

The written examination will test the students’ ability to apply empirical knowledge and analyse a specific problem based on real clinical case. The students will be asked to provide a clinical experience and ask a question about the experience (the investigation/ formulation/ management etc.). They will be encouraged to search relevant evidence in order to reformulate the case in a reflective manner.

There will be a formative assessment offering students the opportunity for a draft of their essay to be read and feedback offered.

### **INDICATIVE READING LIST**

Beer, M.D., Pereira, S. M., Paton, C. (eds.) Psychiatric Intensive Care. Cambridge: CUP

Safewards – ‘targeted interventions to reduce conflict and containment on acute mental health wards’ available at <http://www.safewards.net/>

National Audit of Violence – ‘standards for inpatient mental health services’

Star Wards – ‘inspiring inpatient care’ available at <https://www.starwards.org.uk/>

Wardipedia – ‘an online, collaborative compendium of mental health inpatient care good practice’ available at <https://www.starwards.org.uk/wardipedia/>

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## **SEMINAR SCHEDULE**

### **Weekend One**

Introduction to Course - **Aileen O'Brien and Paul Gosney**

Acute and emergency psychiatry- who is the patient? - **Aileen O'Brien and Sarah Hinton**

Policy and political framework - **Stephen Dye and Andy Johnston**

Legal and ethical framework - **Paul Lomax and Mark Standing**

Risk management - **Roland Dix and Hamid Alhaj**

Physical health interface - **Rhodri David and Rebecca Lingford**

### **Weekend Two**

Substance use - **Paul Gosney and Laura Woods**

Pharmacological management - **Caroline Parker and Shanika Balachandra**

Restrictive practices - **Laura Woods and Aileen O'Brien**

Patient and carer experience - **Kushdev Dhillon (tbc) and Sarah Hinton**

Diversity and culture - **Aileen O'Brien and Jimmy Cangy**

Liaison Psychiatry - **Jim Bolton and tbc**

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