



Meeting Programme

Please note: This programme is preliminary, speakers, timings, sessions and topics are subject to change

THE MULTIDISCIPLINARY MANAGEMENT OF ACUTE DISTURBANCE

Day 1, 20th March 2019

Peterhouse College, Cambridge University

09.30 – 10.00	Registration
10.00 – 10.20	Opening Address & Welcome <i>Dr Faisal Sethi, Consultant Psychiatrist & Service Director, Maudsley Hospital & Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member.</i>
10.20 – 10.40	National & International Guidelines on RT <i>Dr Luiz Dratcu, Consultant Psychiatrist, Maudsley Hospital, South London and Maudsley NHS Foundation Trust.</i>
10.40 – 11.00	Therapeutic & Restrictive Interventions: A Patient's Perspective <i>Mr Bernard Fox, Patient Representative and NAPICU Executive Member and Mr Mathew Page, Chief Operating Officer, Avon & Wiltshire Mental Health Partnership NHS Trust and NAPICU Executive Committee Member.</i>
11.00 – 11.15	Overview of the Joint BAP NAPICU evidence-based consensus guidelines for the clinical management of acute disturbance: de-escalation and rapid tranquillisation <i>Dr Maxine Patel, Consultant Psychiatrist, Oxleas NHS Foundation Trust, British Association for Psychopharmacology (BAP).</i>
11.15 – 11.40	Tea and Coffee Break
11.40 – 12.10	De-escalation <i>Mr Mathew Page, Chief Operating Officer, Avon & Wiltshire Mental Health Partnership NHS Trust and NAPICU Executive Committee Member.</i>
12.10 – 12.25	Oral Medications <i>Mrs Caroline Parker, Consultant Pharmacist for Adult Mental Health Services, Central and North West London NHS Foundation Trust and NAPICU Director of Operations.</i>
12.25 – 12.50	Intramuscular RT Medications <i>Mrs Julie Haste, Principal Pharmacist (West Sussex), Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member.</i>
12.50 – 13.00	Intravenous RT Medications <i>Dr Sotiris Posporelis, Institute of Psychiatry, Psychology and Neuroscience, King's College London & South London and Maudsley NHS Foundation Trust.</i>
13.00 – 14.15	Lunch with Exhibition

14.15 – 15.15	<p>Hot Topics – Shorts: RT in other Scenarios</p> <p>Chair: Dr Faisal Sethi, Consultant Psychiatrist & Service Director, Maudsley Hospital & Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member.</p> <p>T1: Intravenous RT Medications in the General Hospital Dr Sotiris Posporelis, Institute of Psychiatry, Psychology and Neuroscience, King’s College London & South London and Maudsley NHS Foundation Trust.</p> <p>T2: Pregnancy & RT Mrs Caroline Parker, Consultant Pharmacist for Adult Mental Health Services, Central and North West London NHS Foundation Trust and NAPICU Director of Operations.</p> <p>T3: Intoxication & RT Dr Sophie Butler, Specialist Registrar in General Adult Psychiatry, South London & Maudsley NHS Foundation Trust.</p> <p>Q&A</p>
15.15 – 15.45	<p>Tea and Coffee Break</p>
15.45 – 17.00	<p>Parallel 1: Alternative Interventional Strategies</p> <p>Chair: Mrs Caroline Parker, Consultant Pharmacist for Adult Mental Health Services, Central and North West London NHS Foundation Trust and NAPICU Director of Operations.</p> <p>S1: Non-conventional Medication Formulations Dr Matthew Hartley, Psychiatrist, South London and Maudsley NHS Foundation Trust.</p> <p>S2: Sensory Rooms Rebecca Davies, PICU Occupational Therapist, ES1 PICU, Maudsley Hospital, South London and Maudsley NHS Foundation Trust.</p> <p>S3: Seclusion Dr Hamid Alhaj, Consultant Psychiatrist, Sheffield Health and Social Care NHS Foundation Trust and NAPICU Executive Committee Member (Research Lead).</p> <p>Q&A</p>
15.45 – 17.00	<p>Parallel 2: Physical Health & Safety Post RT</p> <p>Chair: Dr Faisal Sethi, Consultant Psychiatrist & Service Director, Maudsley Hospital & Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member.</p> <p>S1: A General Overview of the Risks of RT Lewys Beames, Lead Nurse - Reducing Restrictive Practice, South London and Maudsley NHS Foundation Trust</p> <p>S2: Physical Health Monitoring Post RT Mrs Julie Haste, Principal Pharmacist (West Sussex), Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member.</p> <p>S3: Non-contact Monitoring of Physical Health Ms Laura Woods, Matron. The Hellingly Centre. Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member.</p> <p>Q&A</p>



<p>15.45 – 17.00</p>	<p>Parallel 3: Medical Updates Relevant to RT</p> <p>Chair: Dr Luiz Dratcu, <i>Consultant Psychiatrist, Maudsley Hospital, South London and Maudsley NHS Foundation Trust, London.</i></p> <p>S1: Assessment & Management of Respiratory Depression Dr Oluwagbenga Odeyemi, <i>Consultant Psychiatrist, Priory Hospital Woodbourne, Birmingham.</i></p> <p>S2: Assessment & Management of Cardiological Emergencies Dr Sophie Butler, <i>Specialist Registrar in General Adult Psychiatry, South London & Maudsley NHS Foundation Trust.</i></p> <p>S3: Assessment & Management of Neurological Emergencies Dr Sotiris Posporelis, <i>MBBS, MRCPsych Institute of Psychiatry, Psychology and Neuroscience, King's College London South London and Maudsley NHS Foundation Trust.</i></p> <p>Q&A</p>
<p>18.30 – 21.00</p>	<p>Dinner (Peterhouse Hall)</p>

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THE MULTIDISCIPLINARY MANAGEMENT OF ACUTE DISTURBANCE Day 2, 21st March 2019 Peterhouse College, Cambridge University	
09.30 – 10.00	Tea and Coffee Break
	Chair for the Day: Dr Faisal Sethi
10.00 – 10.30	Restraint – the Position in 2019 Dr Aileen O’Brien , Reader in Psychiatry & Education and Honorary Consultant Psychiatrist (PICU), St. George’s University of London and NAPICU Director of Educational Programmes.
10.30 – 11.00	Acute Behavioural Disturbance Prof Keith JB Rix , Honorary Consultant Forensic Psychiatrist, Norfolk and Suffolk NHS Foundation Trust, Visiting Professor of Medical Jurisprudence, University of Chester, Mental Health and Intellectual Disability Lead, Faculty of Forensic and Legal Medicine of the Royal College of Physicians.
11.00 – 11.30	ECT for Challenging Behaviour – is there any evidence? Dr Luiz Dratcu , Consultant Psychiatrist, Maudsley Hospital, South London and Maudsley NHS Foundation Trust.
11.30 – 12.00	Tea and Coffee Break
12.00 – 13.15	Parallel 4: Alternative Interventional Strategies Chair: Prof Keith JB Rix , Honorary Consultant Forensic Psychiatrist, Norfolk and Suffolk NHS Foundation Trust, Visiting Professor of Medical Jurisprudence, University of Chester, Mental Health and Intellectual Disability Lead, Faculty of Forensic and Legal Medicine of the Royal College of Physicians. S1: Non-conventional Medication Formulations Dr Matthew Hartley , Psychiatrist, South London and Maudsley NHS Foundation Trust. S2: Sensory Rooms Rebecca Davies , PICU Occupational Therapist, ES1 PICU, Maudsley Hospital, South London and Maudsley NHS Foundation Trust. S3: Seclusion Speaker Dr Hamid Alhaj , Consultant Psychiatrist, Sheffield Health and Social Care NHS Foundation Trust and NAPICU Executive Committee Member (Research Lead) Q&A
12.00 – 13.15	Parallel 5: Physical Health & Safety Post RT Chair: Dr Faisal Sethi , Consultant Psychiatrist & Service Director, Maudsley Hospital & Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member. S1: A General Overview of the Risks of RT Lewys Beames , Lead Nurse - Reducing Restrictive Practice, South London and Maudsley NHS Foundation Trust

	<p>S2: Physical Health Monitoring Post RT Mrs Julie Haste, <i>Principal Pharmacist (West Sussex), Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member.</i></p> <p>S3: Non-contact Monitoring of Physical Health Ms Laura Woods, <i>Matron. The Hellingly Centre. Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member.</i></p> <p>Q&A</p>
12.00 – 13.15	<p>Parallel 6: Medical Updates Relevant to RT</p> <p>Chair: Dr Luiz Dratcu, <i>Consultant Psychiatrist, Maudsley Hospital, South London and Maudsley NHS Foundation Trust.</i></p> <p>S1: Assessment & Management of Respiratory Depression Dr Oluwagbenga Odeyemi, <i>Consultant Psychiatrist, Priory Hospital Woodbourne, Birmingham.</i></p> <p>S2: Assessment & Management of Cardiological Emergencies Dr Sophie Butler, <i>Specialist Registrar in General Adult Psychiatry, South London & Maudsley NHS Foundation Trust.</i></p> <p>S3: Assessment & Management of Neurological Emergencies Dr Sotiris Posporelis, <i>Institute of Psychiatry, Psychology and Neuroscience, King's College London South London and Maudsley NHS Foundation Trust.</i></p> <p>Q&A</p>
13.15 – 14.00	Lunch with Exhibition
14.00 - 14.30	<p>Key Psychoanalytic Principles in Understanding Severe Disturbance Dr Oliver Dale, <i>Consultant Psychiatrist, Hammersmith and Fulham Personality Disorder Service, Clinical Lead Personality Disorder Pathway, West London Mental Health Trust.</i></p>
14.30 – 15.00	<p>Negotiation Strategies – Learning from Crisis Management <i>Speaker TBC</i></p>
15.00 – 16.00	<p>Hot Topics – Shorts: Practically Speaking!</p> <p>Chair: Dr Faisal Sethi, <i>Consultant Psychiatrist & Service Director, Maudsley Hospital & Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member.</i></p> <p>T1: Intramuscular Medications in RT – the how! Mrs Julie Haste, <i>Principal Pharmacist (West Sussex), Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member.</i></p> <p>T2: Clopixol Acuphase is not RT (so what is it?) TBC</p> <p>T3: Depot Pharmacokinetics & Loading – is it Relevant? TBC</p> <p>Q&A</p>
16.00 – 16.15	<p>Closing remarks Dr Maxine Patel, <i>Consultant Psychiatrist, Oxleas NHS Foundation Trust, British Association for Psychopharmacology (BAP).</i></p>
16.15	Close of meeting