



## Meeting Programme

*Please note: This programme is preliminary, speakers, timings, sessions and topics are subject to change*

### THE MULTIDISCIPLINARY MANAGEMENT OF ACUTE DISTURBANCE

**Day 1, 20<sup>th</sup> March 2019**

**Peterhouse College, Cambridge University**

<b>09.30 – 10.00</b>	<b>Registration</b>
10.00 – 10.20	<b>Opening Address &amp; Welcome</b> <i>Dr Faisal Sethi, Consultant Psychiatrist &amp; Service Director, Maudsley Hospital &amp; Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member.</i>
10.20 – 10.40	<b>National &amp; International Guidelines on RT</b> <i>Dr Luiz Dratcu, Consultant Psychiatrist, Maudsley Hospital, South London and Maudsley NHS Foundation Trust.</i>
10.40 – 11.00	<b>Therapeutic &amp; Restrictive Interventions: A Patient's Perspective</b> <i>Mr Bernard Fox, Service User Representative and NAPICU Executive Member</i>
11.00 – 11.15	<b>Overview of the Joint BAP NAPICU evidence-based consensus guidelines for the clinical management of acute disturbance: de-escalation and rapid tranquillisation</b> <i>Dr Maxine Patel, Consultant Psychiatrist, Oxleas NHS Foundation Trust, British Association for Psychopharmacology (BAP).</i>
<b>11.15 – 11.40</b>	<b>Tea and Coffee Break</b>
11.40 – 12.10	<b>De-escalation</b> <b>TBC</b>
12.10 – 12.25	<b>Oral Medications</b> <i>Mrs Caroline Parker, Consultant Pharmacist for Adult Mental Health Services, Central and North West London NHS Foundation Trust and NAPICU Director of Operations.</i>
12.25 – 12.50	<b>Intramuscular RT Medications</b> <i>Ms Julie Haste, Lead Mental Health Pharmacist, Brighton &amp; Hove, Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member.</i>
12.50 – 13.00	<b>Intravenous RT Medications</b> <i>Dr Sotiris Posporelis, Institute of Psychiatry, Psychology and Neuroscience, King's College London &amp; South London and Maudsley NHS Foundation Trust.</i>
<b>13.00 – 14.15</b>	<b>Lunch with Exhibition</b>

14.15 – 15.15	<p><b>Hot Topics – Shorts: RT in other Scenarios</b></p> <p><b>Chair: Dr Faisal Sethi</b>, Consultant Psychiatrist &amp; Service Director, Maudsley Hospital &amp; Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member.</p> <p><b>T1: Intravenous RT Medications in the General Hospital</b> <b>Dr Sotiris Posporelis</b>, Institute of Psychiatry, Psychology and Neuroscience, King’s College London &amp; South London and Maudsley NHS Foundation Trust.</p> <p><b>T2: Pregnancy &amp; RT</b> <b>Mrs Caroline Parker</b>, Consultant Pharmacist for Adult Mental Health Services, Central and North West London NHS Foundation Trust and NAPICU Director of Operations.</p> <p><b>T3: Intoxication &amp; RT</b> <b>Dr Sophie Butler</b>, Specialist Registrar in General Adult Psychiatry, South London &amp; Maudsley NHS Foundation Trust.</p> <p>Q&amp;A</p>
15.15 – 15.45	<p><b>Tea and Coffee Break</b></p>
15.45 – 17.00	<p><b>Parallel 1: Alternative Interventional Strategies</b></p> <p><b>Chair: Mrs Caroline Parker</b>, Consultant Pharmacist for Adult Mental Health Services, Central and North West London NHS Foundation Trust and NAPICU Director of Operations.</p> <p><b>S1: Non-conventional Medication Formulations</b> <b>Dr Matthew Hartley</b>, Psychiatrist, South London and Maudsley NHS Foundation Trust.</p> <p><b>S2: Sensory Rooms</b> <b>Rebecca Davies</b>, PICU Occupational Therapist, ES1 PICU, Maudsley Hospital, South London and Maudsley NHS Foundation Trust.</p> <p><b>S3: Seclusion</b> <b>Dr Hamid Alhaj</b>, Consultant Psychiatrist, Sheffield Health and Social Care NHS Foundation Trust and NAPICU Executive Committee Member (Research Lead).</p> <p>Q&amp;A</p>
15.45 – 17.00	<p><b>Parallel 2: Physical Health &amp; Safety Post RT</b></p> <p><b>Chair: Dr Faisal Sethi</b>, Consultant Psychiatrist &amp; Service Director, Maudsley Hospital &amp; Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member.</p> <p><b>S1: A General Overview of the Risks of RT</b> <b>Lewys Beames</b>, Lead Nurse - Reducing Restrictive Practice, South London and Maudsley NHS Foundation Trust</p> <p><b>S2: Physical Health Monitoring Post RT</b> <b>Ms Julie Haste</b>, Lead Mental Health Pharmacist, Brighton &amp; Hove, Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member.</p> <p><b>S3: Non-contact Monitoring of Physical Health</b> <b>Ms Laura Woods</b>, Matron. The Hellingly Centre. Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member.</p> <p>Q&amp;A</p>



<p>15.45 – 17.00</p>	<p><b>Parallel 3: Medical Updates Relevant to RT</b></p> <p><b>Chair: Dr Luiz Dratcu</b>, <i>Consultant Psychiatrist, Maudsley Hospital, South London and Maudsley NHS Foundation Trust, London.</i></p> <p><b>S1: Assessment &amp; Management of Respiratory Depression</b> <b>Dr Oluwagbenga Odeyemi</b>, <i>Consultant Psychiatrist, Priory Hospital Woodbourne, Birmingham.</i></p> <p><b>S2: Assessment &amp; Management of Cardiological Emergencies</b> <b>Dr Sophie Butler</b>, <i>Specialist Registrar in General Adult Psychiatry, South London &amp; Maudsley NHS Foundation Trust.</i></p> <p><b>S3: Assessment &amp; Management of Neurological Emergencies</b> <b>Dr Sotiris Posporelis</b>, <i>MBBS, MRCPsych Institute of Psychiatry, Psychology and Neuroscience, King's College London South London and Maudsley NHS Foundation Trust.</i></p> <p><b>Q&amp;A</b></p>
<p>18.30 – 21.00</p>	<p><b>Dinner (Peterhouse Hall)</b></p>

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<b>THE MULTIDISCIPLINARY MANAGEMENT OF ACUTE DISTURBANCE</b> <b>Day 2, 21<sup>st</sup> March 2019</b> <b>Peterhouse College, Cambridge University</b>	
09.30 – 10.00	<b>Tea and Coffee Break</b>
	<b>Chair for the Day: Dr Faisal Sethi</b>
10.00 – 10.30	<b>Restraint – the Position in 2019</b> <b>Dr Aileen O’Brien</b> , Reader in Psychiatry & Education and Honorary Consultant Psychiatrist (PICU), St. George’s University of London and NAPICU Director of Educational Programmes.
10.30 – 11.00	<b>Acute Behavioural Disturbance</b> <b>Prof Keith JB Rix</b> , Honorary Consultant Forensic Psychiatrist, Norfolk and Suffolk NHS Foundation Trust, Visiting Professor of Medical Jurisprudence, University of Chester, Mental Health and Intellectual Disability Lead, Faculty of Forensic and Legal Medicine of the Royal College of Physicians.
11.00 – 11.30	<b>ECT for Challenging Behaviour – is there any evidence?</b> <b>Dr Luiz Dratcu</b> , Consultant Psychiatrist, Maudsley Hospital, South London and Maudsley NHS Foundation Trust.
11.30 – 12.00	<b>Tea and Coffee Break</b>
12.00 – 13.15	<b>Parallel 4: Alternative Interventional Strategies</b>  <b>Chair: Prof Keith JB Rix</b> , Honorary Consultant Forensic Psychiatrist, Norfolk and Suffolk NHS Foundation Trust, Visiting Professor of Medical Jurisprudence, University of Chester, Mental Health and Intellectual Disability Lead, Faculty of Forensic and Legal Medicine of the Royal College of Physicians.  <b>S1: Non-conventional Medication Formulations</b> <b>Dr Matthew Hartley</b> , Psychiatrist, South London and Maudsley NHS Foundation Trust.  <b>S2: Sensory Rooms</b> <b>Rebecca Davies</b> , PICU Occupational Therapist, ES1 PICU, Maudsley Hospital, South London and Maudsley NHS Foundation Trust.  <b>S3: Seclusion</b> <b>Speaker Dr Hamid Alhaj</b> , Consultant Psychiatrist, Sheffield Health and Social Care NHS Foundation Trust and NAPICU Executive Committee Member (Research Lead)  <b>Q&amp;A</b>
12.00 – 13.15	<b>Parallel 5: Physical Health &amp; Safety Post RT</b>  <b>Chair: Dr Faisal Sethi</b> , Consultant Psychiatrist & Service Director, Maudsley Hospital & Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member.  <b>S1: A General Overview of the Risks of RT</b> <b>Lewys Beames</b> , Lead Nurse - Reducing Restrictive Practice, South London and Maudsley NHS Foundation Trust

	<p><b>S2: Physical Health Monitoring Post RT</b> <b>Ms Julie Haste</b>, <i>Lead Mental Health Pharmacist, Brighton &amp; Hove, Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member.</i></p> <p><b>S3: Non-contact Monitoring of Physical Health</b> <b>Ms Laura Woods</b>, <i>Matron. The Hellingly Centre. Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member.</i></p> <p><b>Q&amp;A</b></p>
12.00 – 13.15	<p><b>Parallel 6: Medical Updates Relevant to RT</b></p> <p><b>Chair: Dr Luiz Dratcu</b>, <i>Consultant Psychiatrist, Maudsley Hospital, South London and Maudsley NHS Foundation Trust.</i></p> <p><b>S1: Assessment &amp; Management of Respiratory Depression</b> <b>Dr Oluwagbenga Odeyemi</b>, <i>Consultant Psychiatrist, Priory Hospital Woodbourne, Birmingham.</i></p> <p><b>S2: Assessment &amp; Management of Cardiological Emergencies</b> <b>Dr Sophie Butler</b>, <i>Specialist Registrar in General Adult Psychiatry, South London &amp; Maudsley NHS Foundation Trust.</i></p> <p><b>S3: Assessment &amp; Management of Neurological Emergencies</b> <b>Dr Sotiris Posporelis</b>, <i>Institute of Psychiatry, Psychology and Neuroscience, King's College London South London and Maudsley NHS Foundation Trust.</i></p> <p><b>Q&amp;A</b></p>
13.15 – 14.00	<b>Lunch with Exhibition</b>
14.00 - 14.30	<p><b>Key Psychoanalytic Principles in Understanding Severe Disturbance</b> <b>Dr Oliver Dale</b>, <i>Consultant Psychiatrist, Hammersmith and Fulham Personality Disorder Service, Clinical Lead Personality Disorder Pathway, West London Mental Health Trust.</i></p>
14.30 – 15.00	<p><b>Negotiation Strategies – Learning from Crisis Management</b> <i>Speaker TBC</i></p>
15.00 – 16.00	<p><b>Hot Topics – Shorts: Practically Speaking!</b></p> <p><b>Chair: Dr Faisal Sethi</b>, <i>Consultant Psychiatrist &amp; Service Director, Maudsley Hospital &amp; Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member.</i></p> <p><b>T1: Intramuscular Medications in RT – the how!</b> <b>Ms Julie Haste</b>, <i>Lead Mental Health Pharmacist, Brighton &amp; Hove, Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member.</i></p> <p><b>T2: Clopixol Acuphase is not RT (so what is it?)</b> <b>TBC</b></p> <p><b>T3: Depot Pharmacokinetics &amp; Loading – is it Relevant?</b> <b>TBC</b></p> <p><b>Q&amp;A</b></p>
16.00 – 16.15	<p><b>Closing remarks</b> <b>Dr Maxine Patel</b>, <i>Consultant Psychiatrist, Oxleas NHS Foundation Trust, British Association for Psychopharmacology (BAP).</i></p>
16.15	<b>Close of meeting</b>