

## Meeting Programme

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### THE MULTIDISCIPLINARY MANAGEMENT OF ACUTE DISTURBANCE

Day 1, 20<sup>th</sup> March 2019

Peterhouse College, Cambridge University

09.30 – 10.00	<b>Registration</b>
Main Hall 10.00 – 10.20	<b>Opening Address &amp; Welcome</b> <b>Dr Faisal Sethi</b> , Consultant Psychiatrist & Service Director, Maudsley Hospital & Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member.
Main Hall 10.20 – 10.40	<b>National &amp; International Guidelines on Rapid Tranquillisation</b> <b>Dr Luiz Dratcu</b> , Consultant Psychiatrist, Maudsley Hospital, South London and Maudsley NHS Foundation Trust.
Main Hall 10.40 – 11.00	<b>Therapeutic &amp; Restrictive Interventions: A Patient's Perspective</b> <b>Mr Bernard Fox</b> , Patient Representative and NAPICU Executive Member & <b>Dr Stephen Dye</b> , Consultant Psychiatrist, Norfolk and Suffolk NHS Foundation Trust.
Main Hall 11.00 – 11.15	<b>Overview of the Joint BAP NAPICU evidence-based consensus guidelines for the clinical management of acute disturbance: de-escalation and rapid tranquillisation</b> <b>Dr Maxine Patel</b> , Consultant Psychiatrist, Oxleas NHS Foundation Trust, British Association for Psychopharmacology (BAP). <b>And</b> <b>Dr Faisal Sethi</b> , Consultant Psychiatrist & Service Director, Maudsley Hospital & Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member.
11.15 – 11.40	<b>Tea and Coffee Break</b>
Main Hall 11.40 – 11.55	<b>Oral Medications</b> <b>Mrs Caroline Parker</b> , Consultant Pharmacist for Adult Mental Health Services, Central and North West London NHS Foundation Trust and NAPICU Director of Operations
Main Hall 11.55 – 12.20	<b>Intramuscular Rapid Tranquillisation Medications</b> <b>Mrs Julie Haste</b> , Principal Pharmacist (West Sussex), Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member.
Main Hall 12.20 – 12.30	<b>Intravenous Rapid Tranquillisation Medications</b> <b>Dr Sotiris Posporelis</b> , Institute of Psychiatry, Psychology and Neuroscience, King's College London & South London and Maudsley NHS Foundation Trust.
Main Hall 12.30 – 13.00	<b>Special Topic 1: ECT for Challenging Behaviour – is there any evidence?</b> <b>Dr Luiz Dratcu</b> , Consultant Psychiatrist, Maudsley Hospital, South London and Maudsley NHS Foundation Trust.

13.00 – 14.00	<b>Lunch with Exhibition</b>
Main Hall 14.05 – 14.30	<p><b>Special Topic 2: Acute Behavioural Disturbance</b>  <b>Prof Keith JB Rix</b>, <i>Honorary Consultant Forensic Psychiatrist, Norfolk and Suffolk NHS Foundation Trust, Visiting Professor of Medical Jurisprudence, University of Chester, Mental Health and Intellectual Disability Lead, Faculty of Forensic and Legal Medicine of the Royal College of Physicians.</i></p>
Main Hall 14.30 – 15.30	<p><b>Hot Topics: Rapid Tranquillisation in Other Clinical Scenarios</b></p> <p><b>Chair: Dr Faisal Sethi</b>, <i>Consultant Psychiatrist &amp; Service Director, Maudsley Hospital &amp; Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member.</i></p> <p><b>T1: Pregnancy &amp; Rapid Tranquillisation</b>  <b>Mrs Caroline Parker</b>, <i>Consultant Pharmacist for Adult Mental Health Services, Central and North West London NHS Foundation Trust and NAPICU Director of Operations.</i></p> <p><b>T2: Intoxication &amp; Rapid Tranquillisation</b>  <b>Dr Sophie Butler</b>, <i>Specialist Registrar in General Adult Psychiatry, South London &amp; Maudsley NHS Foundation Trust.</i></p> <p><b>T3: Intravenous Rapid Tranquillisation Medications in the General Hospital (Emergency Departments and the Medical Intensive Care Unit)</b>  <b>Dr Sotiris Posporelis</b>, <i>Institute of Psychiatry, Psychology and Neuroscience, King's College London &amp; South London and Maudsley NHS Foundation Trust.</i></p> <p>Q&amp;A</p>
15.30 – 16.00	<b>Tea and Coffee Break</b>
Davidson Room 16.00 – 17.15	<p><b>Parallel 1: Alternative Interventional Strategies</b></p> <p><b>Chair: Mrs Caroline Parker</b>, <i>Consultant Pharmacist for Adult Mental Health Services, Central and North West London NHS Foundation Trust and NAPICU Director of Operations.</i></p> <p><b>S1: Non-conventional Medication Formulations</b>  <b>Dr Matthew Hartley</b>, <i>Psychiatrist, South London and Maudsley NHS Foundation Trust.</i></p> <p><b>S2: Sensory Rooms</b>  <b>Mrs Rebecca Davies</b>, <i>PICU Occupational Therapist, ES1 PICU, Maudsley Hospital, South London and Maudsley NHS Foundation Trust.</i></p> <p><b>S3: Seclusion</b>  <b>Dr Hamid Alhaj</b>, <i>Consultant Psychiatrist, Sheffield Health and Social Care NHS Foundation Trust and NAPICU Executive Committee Member (Research Lead).</i></p> <p>Q&amp;A</p>
Main Hall 16.00 – 17.15	<p><b>Parallel 2: Physical Health &amp; Safety Post Rapid Tranquillisation</b></p> <p><b>Chair: Dr Faisal Sethi</b>, <i>Consultant Psychiatrist &amp; Service Director, Maudsley Hospital &amp; Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member.</i></p>

	<p><b>S1: A General Overview of the Risks of Rapid Tranquillisation</b> <b>Mr Lewys Beames</b>, Lead Nurse - Reducing Restrictive Practice, South London and Maudsley NHS Foundation Trust.</p> <p><b>S2: Physical Health Monitoring Post Rapid Tranquillisation</b> <b>Mrs Julie Haste</b>, Principal Pharmacist (West Sussex), Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member.</p> <p><b>S3: Non-contact Monitoring of Physical Health</b> <b>Ms Laura Woods</b>, Matron. The Hellingly Centre. Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member.</p> <p><b>Q&amp;A</b></p>
<p>Upper Room 16.00 – 17.15</p>	<p><b>Parallel 3: Medical Updates Relevant to Rapid Tranquillisation</b></p> <p><b>Chair: Dr Luiz Dratcu</b>, Consultant Psychiatrist, Maudsley Hospital, South London and Maudsley NHS Foundation Trust, London.</p> <p><b>S1: Assessment &amp; Management of Respiratory Depression</b> <b>Dr Andrew J Howe</b>, Specialist Registrar in General Adult Psychiatry, South London and Maudsley Hospital NHS Foundation Trust, London.</p> <p><b>S2: Assessment &amp; Management of Cardiological Emergencies</b> <b>Dr Sophie Butler</b>, Specialist Registrar in General Adult Psychiatry, South London &amp; Maudsley NHS Foundation Trust.</p> <p><b>S3: Assessment &amp; Management of Neurological Emergencies</b> <b>Dr Sotiris Posporelis</b>, Institute of Psychiatry, Psychology and Neuroscience, King's College London South London and Maudsley NHS Foundation Trust.</p> <p><b>Q&amp;A</b></p>
<p>19.30</p>	<p><b>Dinner (Peterhouse College)</b></p>

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### THE MULTIDISCIPLINARY MANAGEMENT OF ACUTE DISTURBANCE

Day 2, 21<sup>st</sup> March 2019

Peterhouse College, Cambridge University

09.30 – 10.00	<b>Tea and Coffee Break</b>
	<b>Chair for the Day: Dr Faisal Sethi</b>
Main Hall 10.00 – 10.30	<b>De-escalation</b> <b>Mr Mathew Page</b> , Chief Operating Officer, Avon & Wiltshire Mental Health Partnership NHS Trust and NAPICU Executive Committee Member.
Main Hall 10.30 – 11.00	<b>Key Psychoanalytic Principles in Understanding Severe Disturbance</b> <b>Dr Oliver Dale</b> , Consultant Psychiatrist, Hammersmith and Fulham Personality Disorder Service, Clinical Lead Personality Disorder Pathway, West London Mental Health Trust.
Main Hall 11.00 – 11.30	<b>Special Topic 3: Short Term Prediction of Aggression in Clinical Settings.</b> <b>Dr Stephen Dye</b> , Consultant Psychiatrist, Norfolk and Suffolk NHS Foundation Trust.
11.30 – 12.00	<b>Tea and Coffee Break</b>
Davidson Room 12.00 – 13.15	<p><b>Parallel 4: Alternative Interventional Strategies</b></p> <p><b>Chair: Prof Keith JB Rix</b>, Honorary Consultant Forensic Psychiatrist, Norfolk and Suffolk NHS Foundation Trust, Visiting Professor of Medical Jurisprudence, University of Chester, Mental Health and Intellectual Disability Lead, Faculty of Forensic and Legal Medicine of the Royal College of Physicians.</p> <p><b>S1: Non-conventional Medication Formulations</b> <b>Dr Matthew Hartley</b>, Psychiatrist, South London and Maudsley NHS Foundation Trust.</p> <p><b>S2: Sensory Rooms</b> <b>Mrs Rebecca Davies</b>, PICU Occupational Therapist, ES1 PICU, Maudsley Hospital, South London and Maudsley NHS Foundation Trust.</p> <p><b>S3: Seclusion</b> <b>Dr Hamid Alhaj</b>, Consultant Psychiatrist, Sheffield Health and Social Care NHS Foundation Trust and NAPICU Executive Committee Member (Research Lead)</p> <p><b>Q&amp;A</b></p>

<p>Main Hall</p> <p>12.00 – 13.15</p>	<p><b>Parallel 5: Physical Health &amp; Safety Post Rapid Tranquillisation</b></p> <p><b>Chair: Dr Faisal Sethi</b>, Consultant Psychiatrist &amp; Service Director, Maudsley Hospital &amp; Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member.</p> <p><b>S1: A General Overview of the Risks of Rapid Tranquillisation</b> <b>Mr Lewys Beames</b>, Lead Nurse - Reducing Restrictive Practice, South London and Maudsley NHS Foundation Trust</p> <p><b>S2: Physical Health Monitoring Post Rapid Tranquillisation</b> <b>Mrs Julie Haste</b>, Principal Pharmacist (West Sussex), Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member.</p> <p><b>S3: Non-contact Monitoring of Physical Health</b> <b>Ms Laura Woods</b>, Matron. The Hellingly Centre. Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member.</p> <p><b>Q&amp;A</b></p>
<p>Upper Room</p> <p>12.00 – 13.15</p>	<p><b>Parallel 6: Medical Updates Relevant to Rapid Tranquillisation</b></p> <p><b>Chair: Dr Luiz Dratcu</b>, Consultant Psychiatrist, Maudsley Hospital, South London and Maudsley NHS Foundation Trust.</p> <p><b>S1: Assessment &amp; Management of Respiratory Depression</b> <b>Dr Andrew J Howe</b>, Specialist Registrar in General Adult Psychiatry, South London and Maudsley Hospital NHS Foundation Trust, London.</p> <p><b>S2: Assessment &amp; Management of Cardiological Emergencies</b> <b>Dr Sophie Butler</b>, Specialist Registrar in General Adult Psychiatry, South London &amp; Maudsley NHS Foundation Trust.</p> <p><b>S3: Assessment &amp; Management of Neurological Emergencies</b> <b>Dr Sotiris Posporelis</b>, Institute of Psychiatry, Psychology and Neuroscience, King's College London South London and Maudsley NHS Foundation Trust.</p> <p><b>Q&amp;A</b></p>
<p>13.15 – 14.15</p>	<p><b>Lunch with Exhibition</b></p>
<p>Main Hall</p> <p>14.15 - 14.45</p>	<p><b>Special Topic 4: Restraint – the Position in 2019</b> <b>Dr Aileen O'Brien</b>, Reader in Psychiatry &amp; Education and Honorary Consultant Psychiatrist (PICU), St. George's University of London and NAPICU Director of Educational Programmes.</p>
<p>Main Hall</p> <p>14.45 – 15.45</p>	<p><b>Hot Topics: Pharmacologically Speaking!</b></p> <p><b>Chair: Dr Faisal Sethi</b>, Consultant Psychiatrist &amp; Service Director, Maudsley Hospital &amp; Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member.</p> <p><b>T1: Clopixol Acuphase is not Rapid Tranquillisation; so what is it?</b> <b>Mrs Allison Whyte</b>, Advanced Specialist Pharmacist (Training &amp; Development), Camden and Islington NHS Foundation Trust</p> <p><b>T2: Depot Pharmacokinetics &amp; Loading – is it Relevant?</b> <b>Mrs Julie Haste</b>, Principal Pharmacist (West Sussex), Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member.</p>



	<p><b>T3: How Well Do We Know Our Benzodiazepines?</b>  <b>Dr Hamid Alhaj</b>, Consultant Psychiatrist, Sheffield Health and Social Care NHS Foundation Trust and NAPICU Executive Committee Member (Research Lead)</p> <p><b>Q&amp;A</b></p>
<p>Main Hall  <b>15.45 – 16.05</b></p>	<p><b>Open Question Time</b>            Dr Faisal Sethi; Dr Maxine Patel; Dr Aileen O'Brien; Dr Luiz Dratcu; Dr Sotiris Posporelis; Mrs Julie Haste; Ms Laura Woods.</p>
<p>Main Hall  <b>16.05 – 16.15</b></p>	<p><b>Closing Remarks</b>  <b>Dr Maxine Patel</b>, Consultant Psychiatrist, Oxleas NHS Foundation Trust, British Association for Psychopharmacology (BAP)  <b>And</b>  <b>Dr Faisal Sethi</b>, Consultant Psychiatrist &amp; Service Director, Maudsley Hospital &amp; Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member.</p>
<p><b>16.15</b></p>	<p><b>Close of meeting</b></p>