



Hercules ward Adolescent PICU

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"Forming, storming, norming & performing"

- Hercules ward is an 8 bedded mixed gender PICU
- Opened in Sept 2018
- One of three wards in the new Hopewood site, alongside and ED ward and GAU opened in June 2018
- GAU was existing provision for Notts & Derbyshire
- Ofsted registered school with onsite provision in PICU





So what's new?

- Trust not previously provided PICU
- New building- snagging- doors, alarms
- New staff team- recruitment of over new staff across the MDT
- New experience for MDT and school staff
- Evolving pathways of admission and discharge
- New model of care





Positives

- New building- fit for purpose by design eg seclusion room
- Shared knowledge and resources across 3 i/p wards rather than one
- Rapid discharge rather than OOA better for local community teams
- Keeping young people locally- better able to engage community teams and social care.





Challenges

- Recruiting CAMHS experienced PICU staff
- Retaining staff
- Linking into geographically distant community teams across East Mids & nationally
- Multi-agency links eg AMPH team, social care
- Managing expectations within CAMHS and wider Trust
- Getting the culture right





Challenges

- Mixed gender wards
- LAC population with no placement following admission
- Placed a distance out of area
- Links into low secure
- Step-down- bed availability





First 6 months: Admissions

- n=24
- male: 9 female: 15
- two readmissions (local patients)- others may have required readmission elsewhere

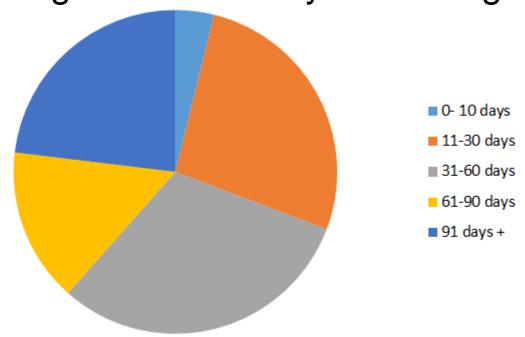




First 6 months: Admission

- ■N= 26
- Average LoS = 55 days

Range 6-137

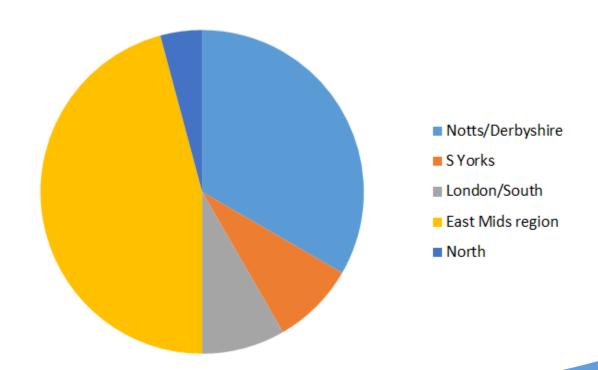






First 6 months: Admission region

■ n=24

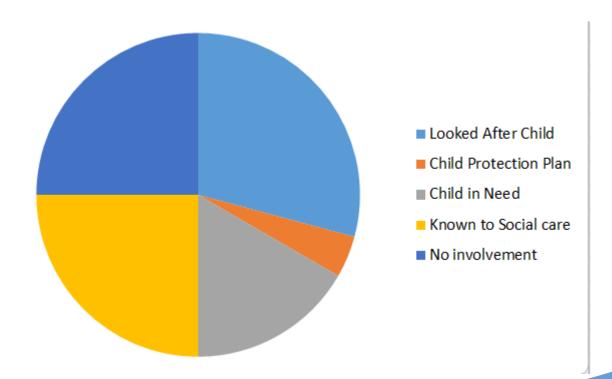






First 6 months: Demographics

■ n=24

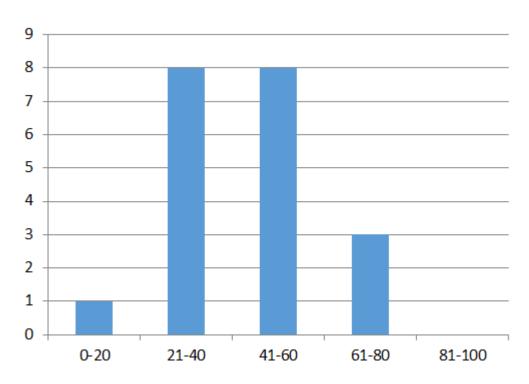






First 6 months: cGAS

■ n=24

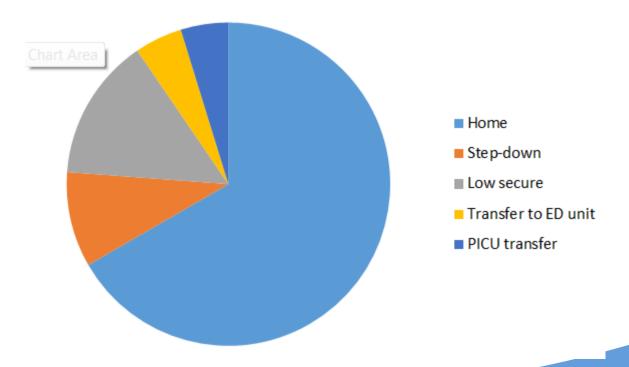






The first 6 months: Discharge destination

Total number of patients discharge: 20







What would we do differently next time?

- Design of the building- additional space in clinic room, additional rooms for 1:1 time or NG feed room
- Lockable bathroom on the ward
- Snagging- doors & locks, heating, alarms
- Doctors/managers office nearer the ward
- Training specifically prior to ward opening (job role specific) eg NG tube placement: venepuncture
- Teleconferencing in visitors/CPA ward round room
- School on site
- Plans for leadership and management across the site could have been improved





Still to do...

- Recruitment eg SW, therapy staff, matrons
- Team building/culture
- Policies/procedure review
- Governance structures (changed due to expansion and new build)
- Snagging ongoing
- Rolling training programme for staff
- Building links with other agencies/ units across the UK.
- 2020- New models of care