



# napicu

national association of psychiatric intensive care & low secure units

## Improving and Innovating in CAMHS PICU and Low Secure Services

NAPICU Quarterly Meeting  
Nottinghamshire Healthcare NHS Foundation Trust

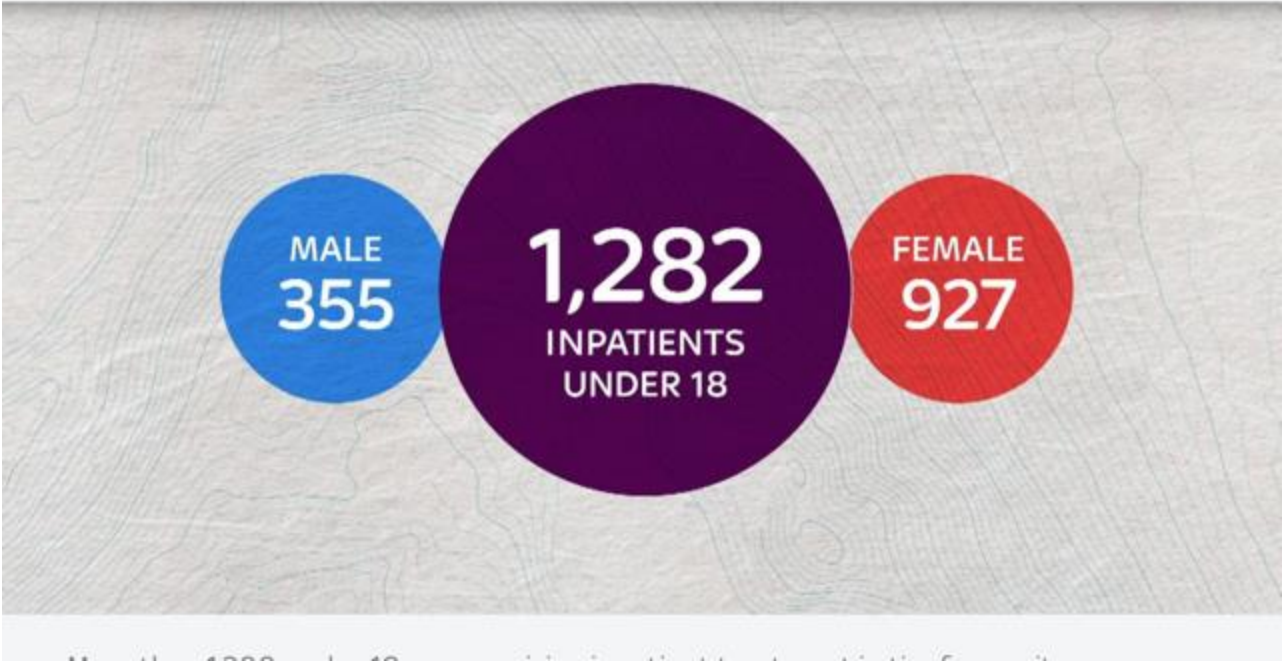
Friday 17<sup>th</sup> May 2019

Andy Johnston

NAPICU Executive Member

CHILDREN'S MENTAL HEALTH

SOURCE: NHS Digital



## Advancing Practice - Main NAPICU Aims

TO IMPROVE PATIENT  
EXPERIENCE AND  
OUTCOMES

TO PROMOTE STAFF  
SUPPORT AND  
DEVELOPMENT

TO IMPROVE THE DELIVERY  
OF PSYCHIATRIC INTENSIVE  
CARE

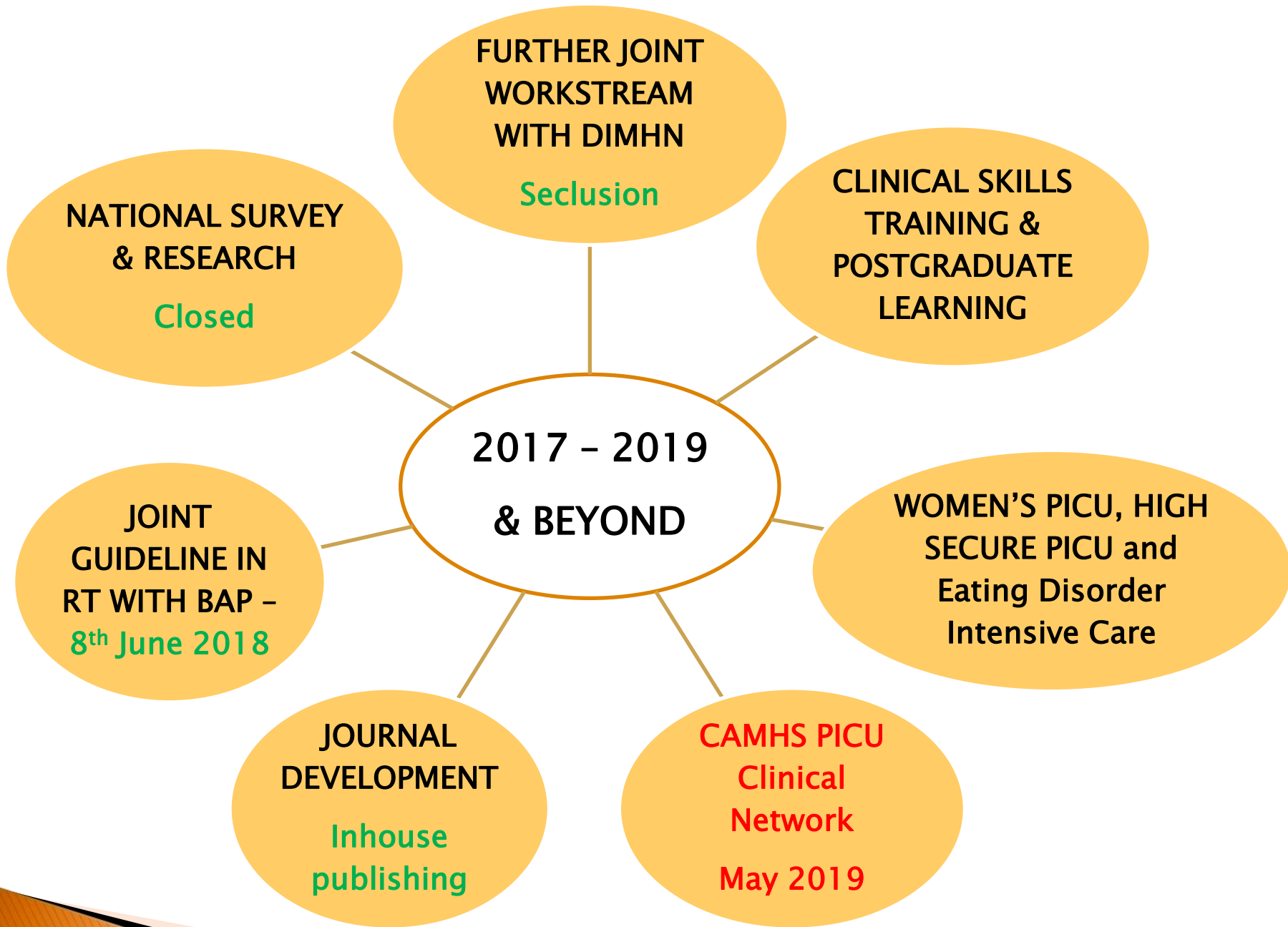
TO AUDIT THE  
EFFECTIVENESS OF CARE

TO PROMOTE RESEARCH,  
EDUCATION AND  
PRACTICE DEVELOPMENT

TO PROVIDE BEST  
PRACTICE GUIDANCE IN  
ASSOCIATION WITH  
NATIONAL BODIES

# NAPICU:1996 – 2018

- ❑ **Multidisciplinary Executive Committee**
- ❑ **Expanding Membership**
- ❑ **23 National Conferences**
- ❑ **Nearly 90 Quarterly Meetings**
- ❑ **NAPICU Website / International Scientific Journal / Textbook**
- ❑ **National Surveys of PICU & Low Secure**
- ❑ **Service Reviews by NAPICU (Practice Devp. & Clinical Gov. Networks)**
- ❑ **National Minimum Standards (GA & CAMHS PICU)**
- ❑ **Design Guidance for PICUs (NAPICU and DIMHN)**
- ❑ **Guidance for PICU Commissioners (NHSCC MHCN and NAPICU)**
- ❑ **Expert Input into National Committees/Networks (DHSC, NHSE, NICE)**
- ❑ **International Liaison**



# CURRENT LIVE THEMES IN THE WORLD OF PICU

□ INTERFACE SERVICES (LSU, MSU, LREHAB, CJS, ACUTE GENERAL)

□ MEDICATIONS & RT

□ **MANAGEMENT OF AGITATION, AGGRESSION & VIOLENCE (CAMHS and LD)**

□ PHYSICAL HEALTH MONITORING

□ RESTRICTIVE INTERVENTIONS

□ PATIENT & CARER INVOLVEMENT

□ STAFF INJURIES & BURNOUT

□ **MDT INTERVENTIONS/INNOVATIONS**

□ RESEARCH & EVIDENCE

□ **PICU MODEL AND DIFFERENT TYPES OF PICU – EDIC – LDIC**

□ DESIGN IN MENTAL HEALTH SETTINGS

□ COSTS OF PICU & MODEL EFFICIENCY

□ **RELATIONAL APPROACHES**

□ **MDT SKILLS' MATRICES**

□ MDT LEADERSHIP & MANAGEMENT

□ UNIT OPERATIONS & DECISION MAKING

# NAPICU CAMHS PICU CLINICAL NETWORK

- The NAPICU CAMHS PICU Clinical Network will;
- Develop and evolve the Network in line with NAPICU principles and national policy and the needs of the constituent organisations, ensuring that clinical engagement and influence and the patient's voice are at the heart of Networks activities.
- Promote the development and delivery of best practice in CAMHS PICUs, evidenced based care, with an emphasis on equitable, consistent high quality service provision and a seamless transition in care across the whole patient pathway.
- Provide support, advice and recommendations to the NAPICU Executive Committee, including information from horizon scanning, to support the development, delivery and assurance of safe clinically and cost-effective whole pathways of care.
- Endorse relevant clinical guidelines, policies and procedures for recommended use within CAMHS PICU.
- Ensure a coordinated approach to stakeholder engagement in the improvement agenda for CAMHS PICU.
- Ensure clinical engagement, influence and the patient's voice is at the heart of the group's activities through meaningful participation in all aspects of the work of the group.
- Ensure any key risks identified requiring further guidance are escalated to the NAPICU Executive Committee.
- Contribute to the delivery of the overarching projects managed within the Executive Committee.
- Provide support, advice and recommendations to external stakeholder groups (statutory, non-statutory, ALBs etc).
- Provide opportunities for members to meet, discuss and share experiences and advance good practice

# Future NAPICU Events

## NAPICU Quarterly Meeting

Advancing the Reduction of Restrictive Interventions in  
PICU and Low Secure Environments

20<sup>th</sup> June 2019

Hywel Dda University Health Board  
Carmarthen, Wales

## 24<sup>th</sup> Annual NAPICU Conference

Thursday 5<sup>th</sup> – Friday 6<sup>th</sup> September 2019

Glasgow Caledonian University

For more information contact: [info@napicu.org.uk](mailto:info@napicu.org.uk)



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# NAPICU Contact Details

Email – [info@napicu.org.uk](mailto:info@napicu.org.uk)

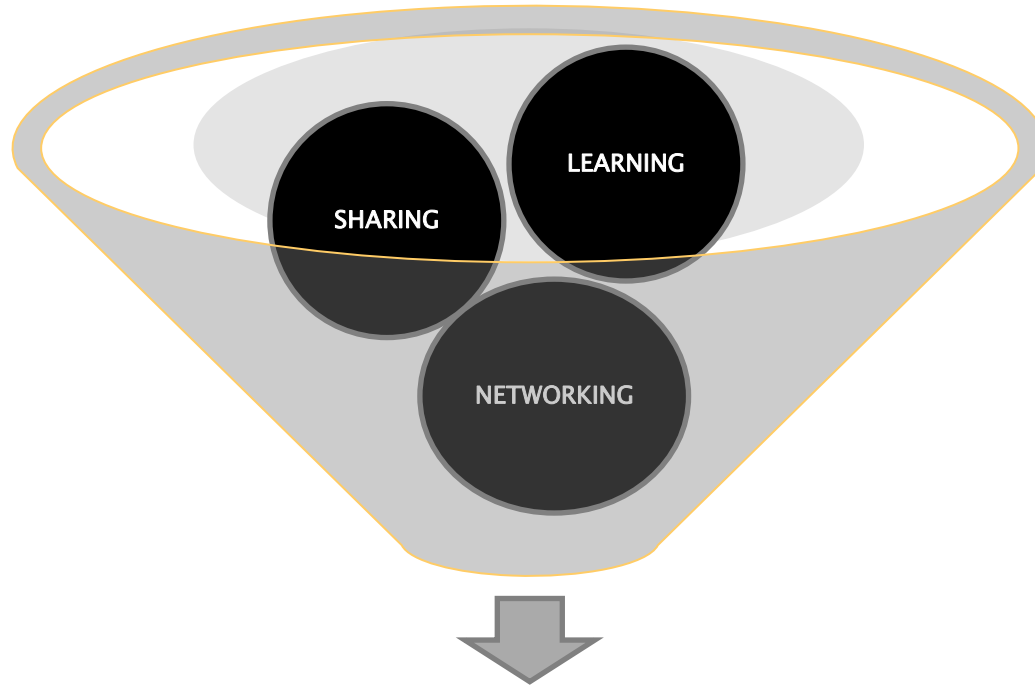
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Twitter – [www.twitter.com/napicu](http://www.twitter.com/napicu) (@napicu)

## A Focus on Quality Improvement: Promoting Safer Procedures



**Taking it Back to our Patients and Teams**

**Enjoy The Day**