



Community Forensic Child and Adolescent Mental Health Services: East Midlands FCAMHS

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Mental Health Transformation Programme – Five Year Forward View

One element focuses upon transforming CYP health services.

Recognition of unique cohort of very vulnerable young people with differing needs:

- More likely to be exposed to trauma and neglect.
- High levels of social disadvantage.
- Not able to access services in a timely manner
- Safeguarding concerns
- Over 1/3 of young people in secure estate have diagnosable mental health problems.



The National Picture

- One in 10 Children and young people have a diagnosable mental health problem- this is associated with many other difficulties.
- Around 25% of Children and Young People have access to appropriate mental health services.
- Mental health problems are the greatest health problems faced by children and young people.

A stylized tree graphic on the left side of the slide. The trunk is a solid teal color, and the branches are thin and light teal. There are several small, round, yellow-green leaves scattered along the branches.

Health and Justice Specialist Commissioning Work Streams

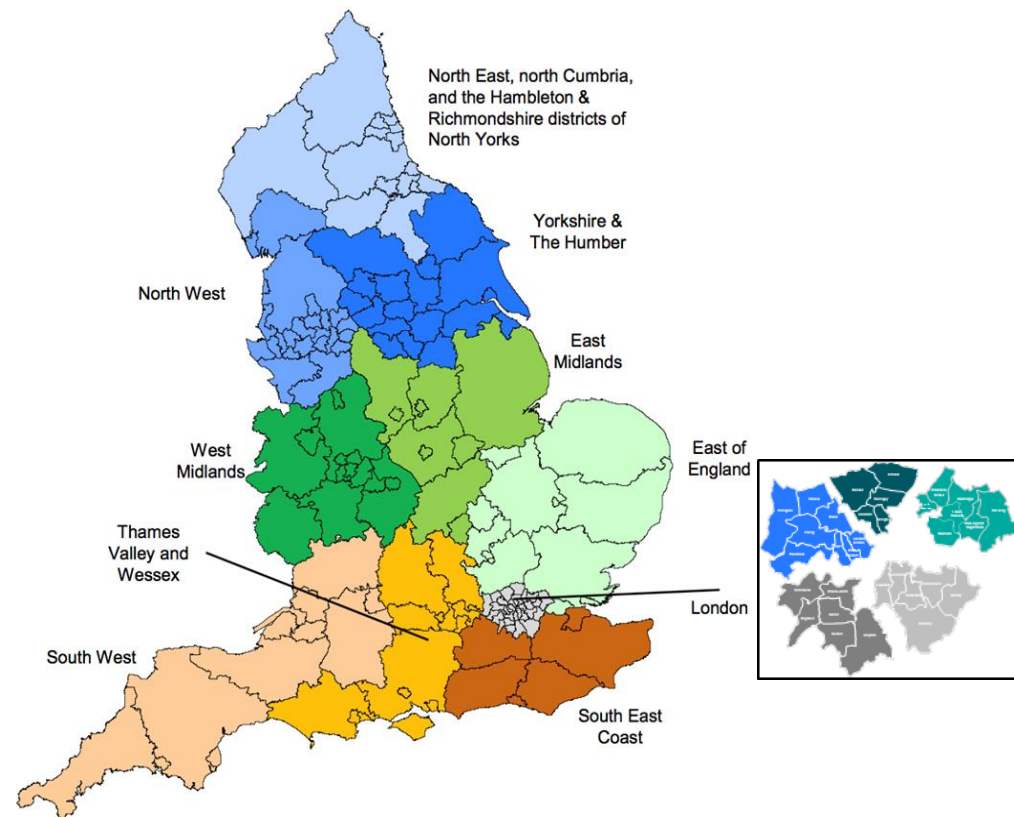
1. Specialist CAMHS for high risk young people with complex needs –FCAMHS.

2. Development of Framework for Integrated Care for CYP in the Secure estate- Secure Stairs

3. Collaborative commissioning

National FCAMHS Provision

Regional Forensic Community Child and Adolescent Mental Health Services have been commissioned by NHS England nationally.



East Midlands FCAMHS

- Commissioned by NHS England and is a partnership between Nottinghamshire Foundation Healthcare NHS Trust and St Andrews, Northampton.
- FCAMHS covers the East Midlands. Excluding Bassetlaw, however includes Milton Keynes.
- FCAMHS is a specialist consultation service.



The East Midlands Team

- Matthew Corrigan: Interim Team lead, Clinical Nurse Specialist (0.5 WTE)
- Dr Lucy Warner: Consultant Forensic Psychologist (1WTE)
- Dr Anne Taylor: Consultant Child and Adolescent Psychiatrist (0.6WTE)
- Emma Dominey-Hill: Clinical Lead SALT (0.4WTE)
- Sarah Littler: Clinical Nurse Specialist (1WTE)
- Michael Woods: Clinical Nurse Specialist and Sexual harm lead (0.2WTE)
- Lynda Lockwood : Administration



Referral Pathways

FCAMHS has two pathways:

- Forensic
- Complex Non- Forensic

Referrals are accepted from any professional who is working with the young person.

FCAMHS will work to support local services but does not case manage individual cases

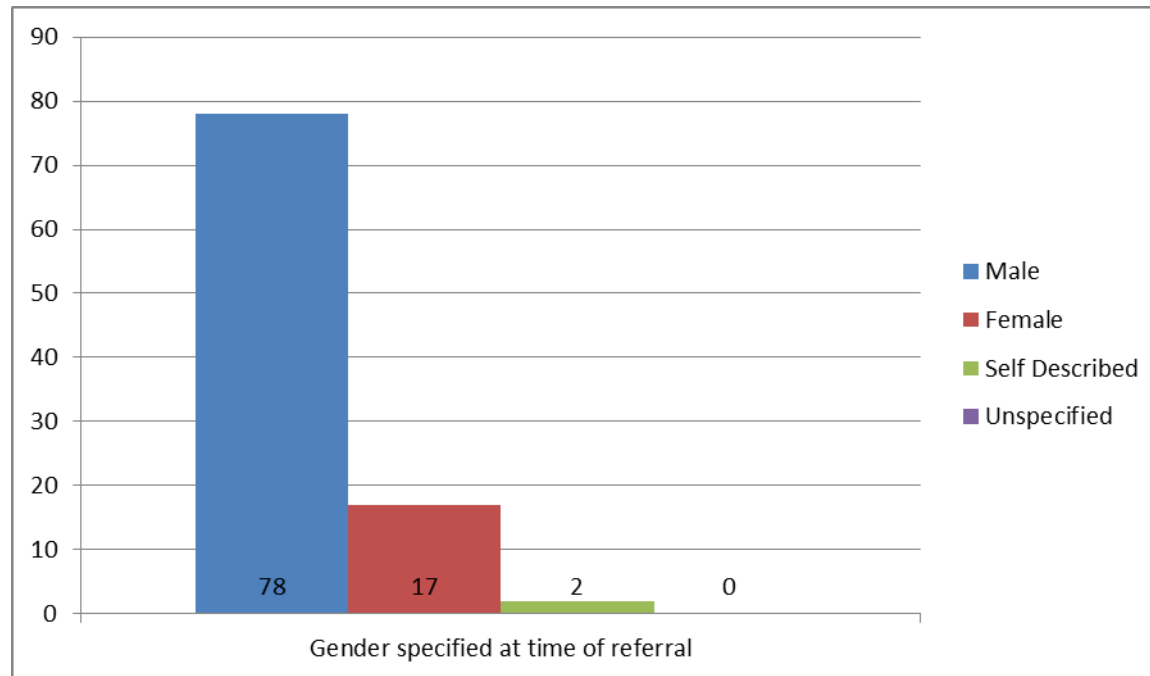


Training Directory

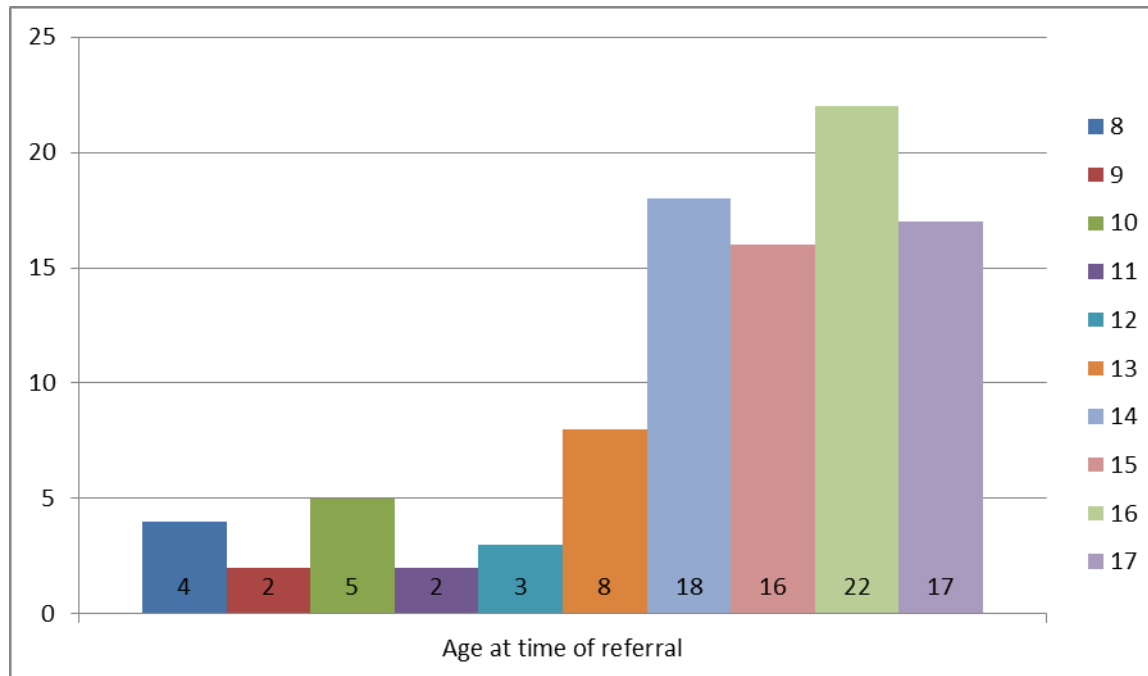
- Risk assessment and formulation
- Attachment and trauma
- Fire setting in Children and Adolescents
- Sexually Harmful behaviour in Children and Adolescents
- Autism in females
- Autism and Offending
- Contingency Management
- Co-Morbid presentations in Children and young people
- Speech, Language and Communication Needs (SLCN)
- Accessible Information
- Child Sexual Exploitation & Child Criminal Exploitation.

Referrals received so far

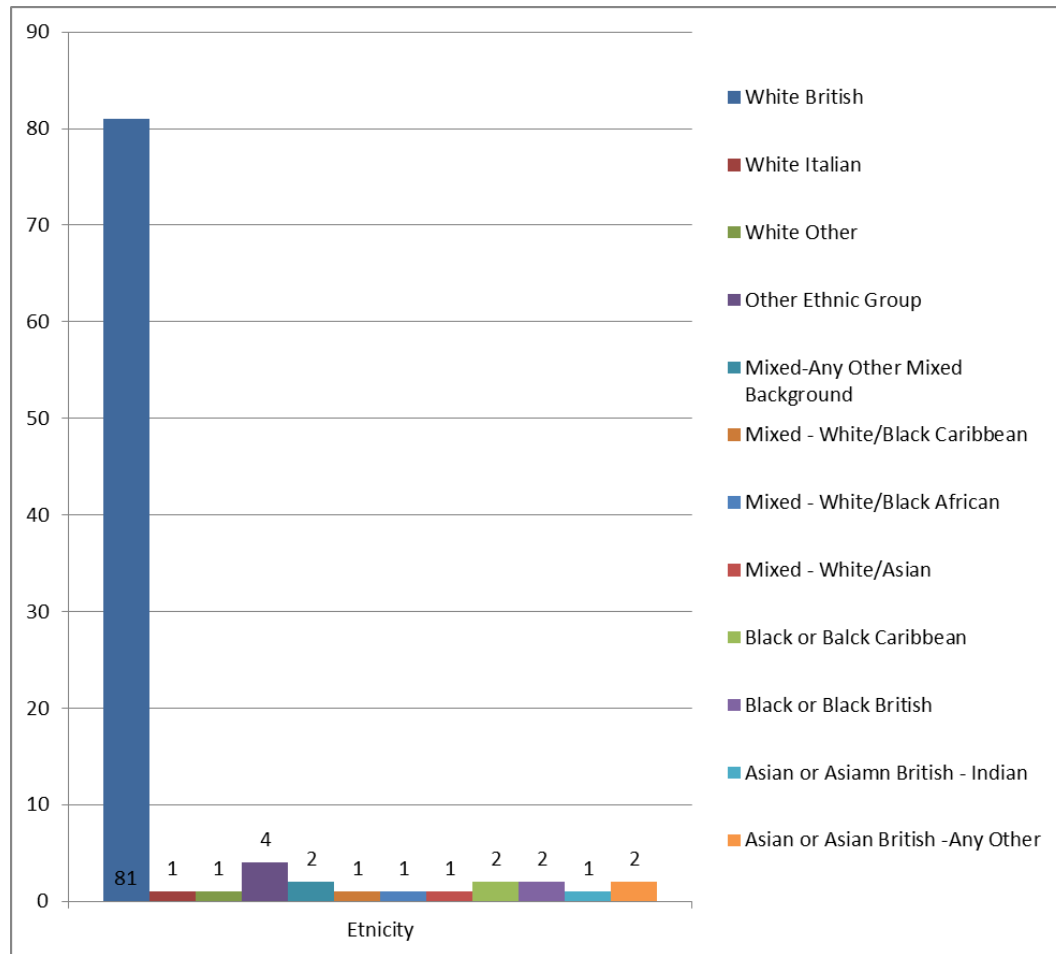
Gender



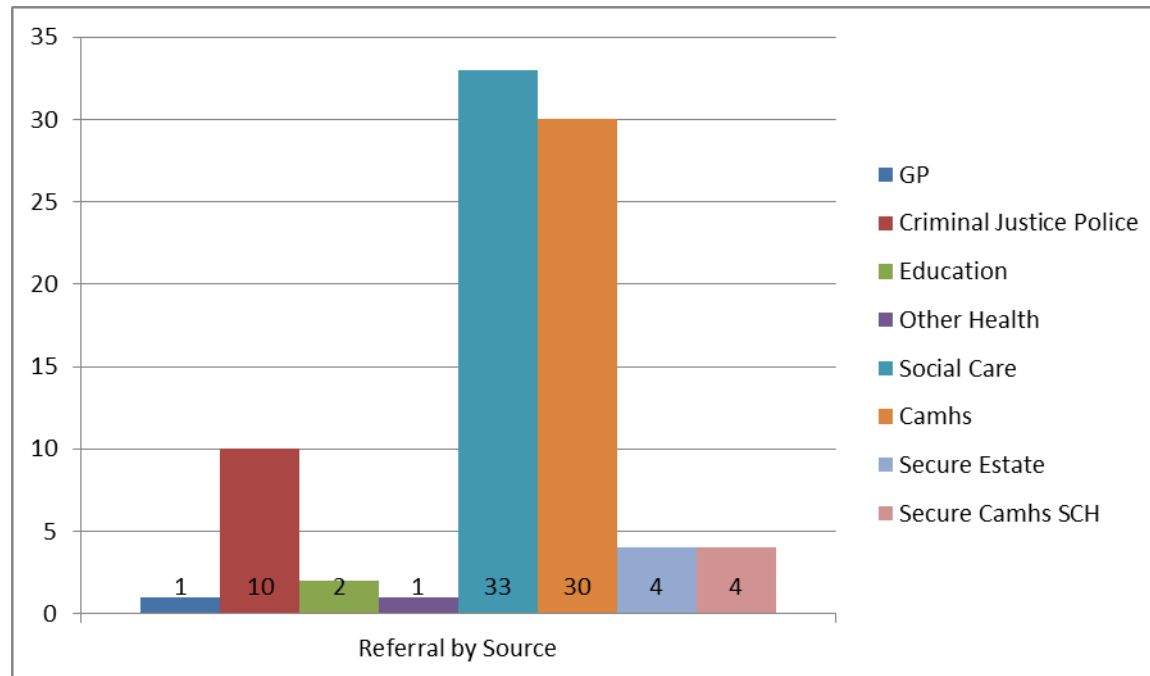
Referrals by age



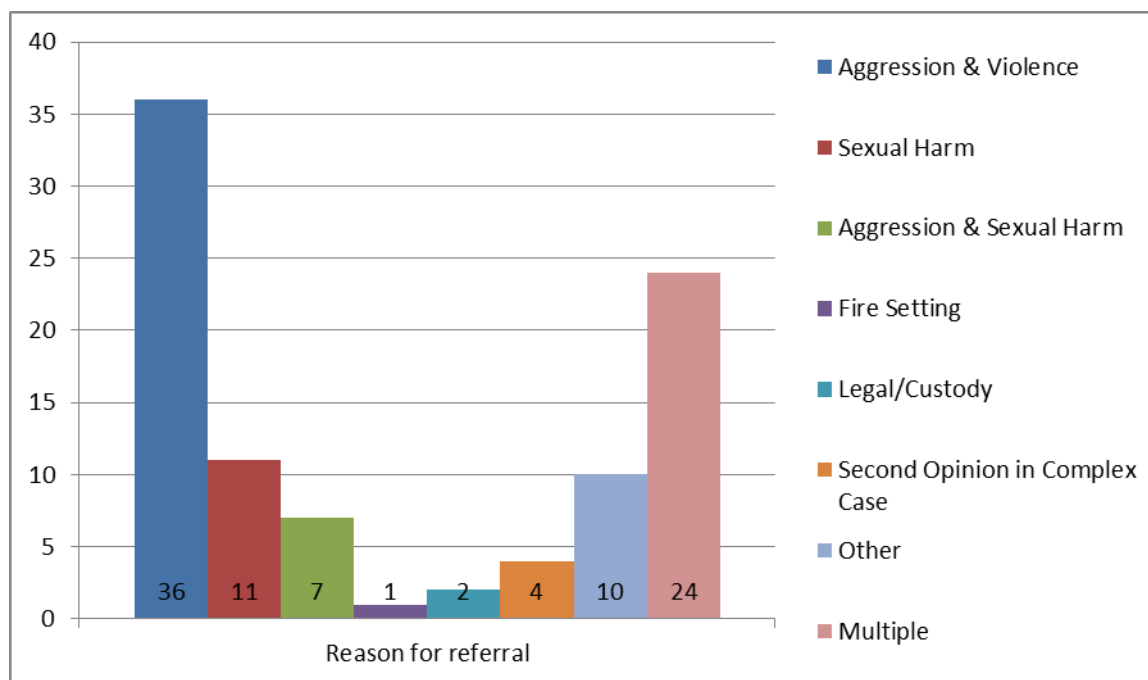
Referrals: ethnicity



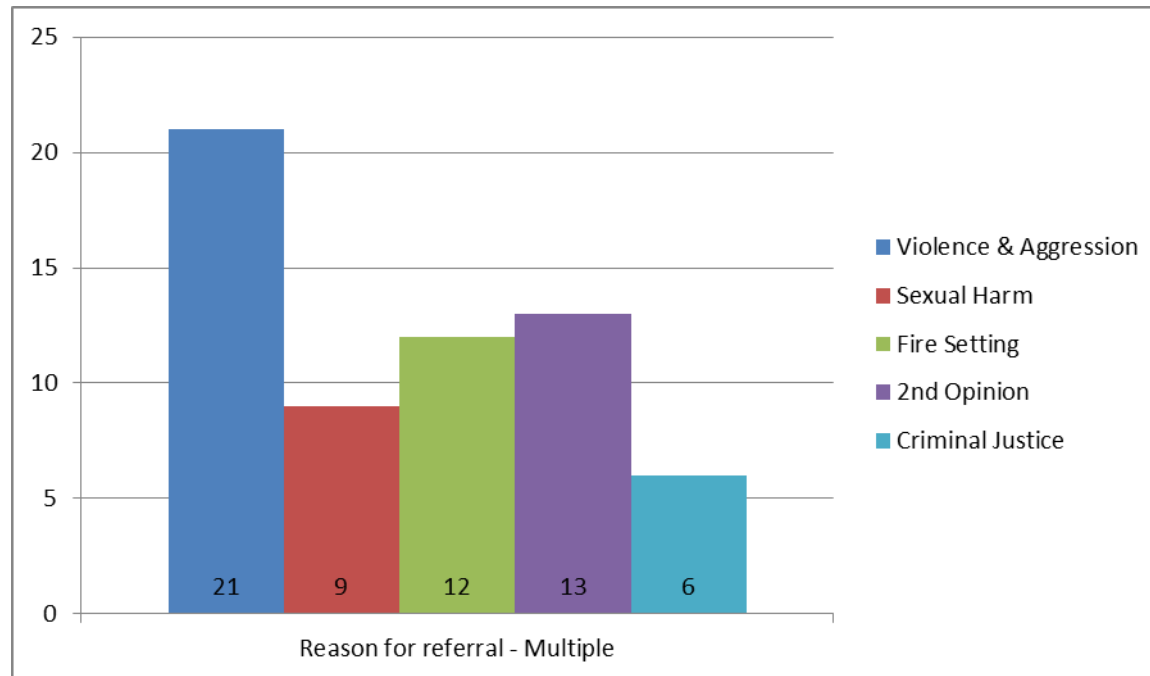
Referrals: referral source



Referral reason



Referrals: multiple reasons



FCAMHS and inpatient services

- Involvement/oversight of young people within inpatient estate
 - Previously known patients who get admitted
 - high risk/challenging cases identified by units
- FCAMHS network: liaison between regional FCAMHS teams where young people move region/admitted out of area

What have we learned so far?

- There's a lot of travelling.....
- Many CAMHS teams are managing very complex cases and high levels of risk
- Challenge of managing expectation, requests to “arbitrate” between services
- Issues around transition to adult services
- Service provision varies across regions



Mapping of existing services

- FCAMHS teams are undertaking mapping of current service provision across England in order to identify gaps in services and inform future commissioning
- Emerging picture: gaps in provision for.....
 - Sexually harmful behaviour
 - ASD services including assessments
 - Variable provision for young people within criminal justice system
 - Services for post 18 (high risk cases for those who do not meet criteria for Adult community Forensic services), ASD