

## Conference Programme at a Glance

Please note: This programme is preliminary, speakers, timings, sessions and topics are subject to change

Thursday 5 <sup>th</sup> September 2019	
<b>Therapeutic Advancements In Acute, Emergency And Secure Mental Health Settings; Reducing Restrictive Interventions</b> <b>Glasgow Caledonian University</b>	
08.30 – 09.00	<b>Registration</b>
09.00 – 09.15	<b>Opening Address &amp; Welcome</b> Dr Stephen Pereira, Consultant Psychiatrist, London and NAPICU Chairman
09.15 – 09.25	<b>Chair: Mr Peter Pratt</b> , Head of Mental Health and Learning Disabilities Medicines Strategy, NHS England
09.25 – 10.00	<b>Restrictive interventions: Practice and Philosophy</b> <b>Keynote Speaker: Mr Roland Dix</b> , Consultant Nurse in Psychiatric Intensive Care & Secure Recovery, Editor-in-Chief Journal of Psychiatric Intensive Care & Low secure Units
10.00 – 10.30	<b>Missed opportunities for least restrictive practice</b> <b>Keynote Speaker: Mr Johnathan MacLennan</b> , Mental Health Quality Improvement Lead, NHS Tayside and Vice-Chair Mental Health Nurse Forum Scotland
10.30 – 11.00	<b>Tea and Coffee Break</b>
11.00 – 12.30	<b>Parallel 1: PICU as a specialism</b>  <b>Chair: Ms Laura Woods</b> , Matron, The Hellingly Centre, Sussex Partnership NHS Foundation Trust and NAPICU Executive Committee Member <b>S1: Dr Stephen Dye</b> , Consultant Psychiatrist, Norfolk and Suffolk NHS Foundation Trust  <b>S2: Mr Deon Loudon</b> , Sussex Partnership NHS Foundation Trust  <b>S3: Team approach to improving monitoring of ‘prn’ medication</b> <b>Ms Marianne Van-De-Lisle</b> , Lead Clinical Pharmacist-Mental Health, NHS Lothian
11.00 - 12.30	<b>Parallel 2: Therapeutic Practice in Different Settings</b>  <b>Chair: Dr Wendy Sherwood</b> , Consultant Occupational Therapist, International Creative Ability Network and NAPICU Executive Committee Member <b>S1: Vona du Toit Model of Creative Ability informs multidisciplinary approaches to Reduce Restrictive Practice</b> <b>Ms Suzanne Jordan</b> , Senior Occupational Therapist, West London NHS Trust Broadmoor Hospital <b>Ms Jade Reilly</b> , Senior Occupational Therapist, West London NHS Trust Broadmoor Hospital  <b>S2: Connecting for Wellbeing – Actions to value, support and connect service users on PICUs</b> <b>Miss Jennifer Beal</b> , Head of Occupational Therapy, Cygnet Health Care  <b>S3: Intensive Care in the National High Secure Women’s Service, Changing systems and Culture to Reduce Restrictive Practice</b> <b>Mrs Mandy Mudholkar</b> , Nurse consultant, Nottinghamshire Healthcare Foundation Trust/ The National High Secure Women’s Health Service, Rampton Hospital
12.30 – 13.15	<b>Lunch with Exhibition</b>

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Thursday 5 <sup>th</sup> September Continued ...	
13.15 – 14.45	<p><b>Parallel 3: Education and Workforce</b></p> <p><b>Chair: Dr Aileen O'Brien</b>, Reader in Psychiatry &amp; Education and Honorary Consultant Psychiatrist (PICU), St. George's University of London and NAPICU Director of Educational Programmes</p> <p><b>S1: New ways of working and extended roles</b>  <b>Mr Tom Tunnicliffe</b>, Consultant Nurse and Approved Clinician, Midlands Partnership NHS Foundation Trust</p> <p><b>S2: Ms Dilakshana Ettricksutharakan</b>, Nursing Assistant, South West London and St George's Mental Health NHS Trust</p> <p><b>S3: Physician Associate</b></p>
13.15 – 14.45	<p><b>Parallel 4: Novel treatments in psychiatry</b></p> <p><b>Chair: Mrs Caroline Parker</b>, Consultant Pharmacist Mental Health, Central and North West London NHS Foundation Trust and NAPICU Director of Operations</p> <p><b>S1: MDMA, Trauma, Addictions and The Future of Psychiatry</b>  <b>Dr Ben Sessa</b>, Consultant Child and Adolescent Psychiatrist and Psychedelic Researcher</p> <p><b>S2: Autoimmune Causes of Psychosis: Diagnosis and Management</b>  <b>Dr Belinda Lennox</b>, Clinical Senior Lecturer in Psychiatry, University of Oxford</p> <p><b>S3: So what do I do next..?, an update on management of acute disturbance</b>  <b>Dr Sotiris Posporelis</b>, Institute of Psychiatry, Psychology and Neuroscience, King's College London &amp; South London and Maudsley NHS Foundation Trust</p>
14.45- 15.15	<p><b>Team of the Year Presentations 2019</b></p> <p><b>Mr Alan Metherall</b>, Associate Director of Nursing and Quality, Avon and Wiltshire Mental Health Partnership NHS Trust and NAPICU Treasurer</p>
15.15 – 15.40	<b>Tea and Coffee Break</b>
	<p><b>Chair: Mr Mathew Page</b>, Chief Operating Officer, Avon &amp; Wiltshire Mental Health Partnership NHS Trust</p>
15.40 – 16.00	<p><b>Quality Improvements and Innovations in PICU</b></p> <p><b>Dr Faisal Sethi</b>, Consultant Psychiatrist &amp; Service Director, Maudsley Hospital &amp; Bethlem Royal Hospital, South London and Maudsley NHS Foundation Trust and NAPICU Executive Committee Member</p>
16.00 – 17.00	<p><b>Interactive Poster and Exhibition session with refreshments</b></p> <p><b>Walls and Bridges, What inspired me to write this book.</b></p> <p><b>Mr Paul Deacon</b>, NAPICU Executive Member</p>
18.30 – 23.00	<p><b>Glasgow City Chambers – Civic Welcome Reception Hosted by the City of Glasgow followed by the Gala Dinner</b></p>

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Friday 6 <sup>th</sup> September 2019	
<b>Therapeutic Advancements In Acute, Emergency And Secure Mental Health Settings; Reducing Restrictive Interventions</b> <b>Glasgow Caledonian University</b>	
09:00	<b>Chair: Andy Johnston</b> , Clinical Director. AndyJohnstonAssociates, Consultant - Centre for Mental Health and NAPICU Executive Committee Member
09.10 – 10.00	<b>NAPICU Annual General Meeting and Open Forum</b>
10.00 – 10.20	<b>NAPICU National Survey Results</b> <b>Dr Stephen Pereira</b> , Research Lead for The National Survey, NAPICU <b>Ms Lucy Walker</b> , Research Fellow for The National Survey, NAPICU
10.20 – 10.50	<b>Promoting Risk Intervention by Situational Management (PRISM)</b> <b>Dr Lorraine Johnstone</b> , Consultant Clinical Forensic Psychologist & Visiting Professor, University of Strathclyde <b>Dr Jana de Villiers</b> , Consultant Psychiatrist - Intellectual Disability Forensic Network Clinical Lead for Intellectual Disabilities, The State Hospital, Carstairs, Lanark
10.50 – 11.10	<b>Tea and Coffee Break</b>
11.10 – 12.45	<b>Patient and Carer Involvement in Reducing Restrictive Practice</b> <b>Chair – Mr Chris Dzikiti</b> , Senior Programme Manager (Mental Health Lead), North London Partners in Health and care (NCL STP) and NAPICU Executive Committee Member <b>Peer Support in Secure Services</b> <b>Ms Deborah Owen</b> , Service User Lead, Forensic Healthcare Services and Peer Support Lead of the People Participation Team. Sussex Partnership NHS Foundation Trust <b>The co-production perspective</b> <b>Ms Sandra Jayacodi</b> , Service User Advisor for Quality Improvement Board, Interim Chair for Adult Mental Health Research Partnership Group and Research Assistant at Central and North West London NHS Foundation Trust <b>Do I notice your empathy and compassion - the emotional experience</b> <b>Ms Carolyn Cleveland</b> , Founder and Director CC Empathy Training Ltd
12.45 – 13.00	<b>NAPICU Conference 2019 Awards: Winning Poster and NAPICU Team of the Year</b> <b>Mr Alan Metherall</b> , Associate Director of Nursing and Quality, Avon and Wiltshire Mental Health Partnership NHS Trust and NAPICU Treasurer
13.00 – 13.15	<b>Summing Up and Thanks</b> <b>Mr Thomas Kearney</b> , Deputy Chief allied Health Professions Officer for England, NHS England, NHS Improvement and NAPICU Director of Policy
13.15	<b>Lunch with Exhibition</b>