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Thank you for everything you and your teams are doing to support the delivery of care to patients in mental health services. I have found the past few years the most challenging of my whole healthcare career. We have all at some point witnessed colleagues, family, and friends in grief, in exhaustion and sometimes so overwhelmed. During this time, I have also been humbled beyond belief, inspired by how clinicians have responded and continued to work hard to support people with mental health needs in PICUs and LSUs.

In 2022, NAPICU hosted their first face to face **Annual Conference** since 2019. This was a successful conference with 241 delegates in attendance. The Conference focused on the theme “Breaking Down Barrier” which included a variety of thought-provoking speakers, who were very engaging with the delegates & responding to the audience’s questions. NAPICU also hosted a quiz & dinner night the evening before the conference to allow delegates to network together in a relaxed atmosphere. This had a fantastic turnout of 100 delegates and was a very popular with prizes being won by the various teams. The following evening, NAPICU held a “Formal National Dress to Impress” gala dinner which was a sell out and a fantastic night for all the delegates and NAPICU executive committee.

NAPICU also hosted and facilitated **OT Network zoom events** each month for our OT members to get together and discuss various topics on Occupational Therapy, giving OT’s the chance to share ideas. Following a successful face to face course for “Occupational Therapy using music and movement therapeutically in inpatient acute mental health and PICU contexts” which was a sell-out. We held another course in November which was also a sell-out. NAPICU look to organise more of these in the coming year.

### NAPICU is pleased to publish “The Referral and Admission of Prisoners to General Adult Psychiatric Intensive Care Units (PICU) Quality and Good Practice Guidance”. Roland Dix and Laura Woods have been developing this guidance over the past 2 years. We also extend our gratitude to all those who gave their time and expertise.

The Journal of Psychiatric Intensive Care which is published by NAPICU delivered 2 editions one in April 22 and the second in September 22. These are available to all NAPICU members via the website.

**NAPICU Achievements**

**April 2022 – March 2023 Membership Year**

**This membership year 2022/23 is looking just as busy for NAPICU!**

**Please now renew your membership to continue receiving membership benefits!**

I am delighted to announce that **NAPICU’s 26th annual conference** will be in person in Northampton on 21-22 September 2023. We look forward to seeing you all there. (Please visit the NAPICU website to register and for full details)

NAPICU will also host **OT events** and other activities throughout the coming year, and we will continue to ensure that NAPICU members receive a reduced rate or free attendance at these events.

Further information on all NAPICU’s activities is available on our website: [www.napicu.org.uk](http://www.napicu.org.uk) or contact Laura our NAPICU project administrator if you wish to contribute to the work of NAPICU.

We are looking forward to seeing you at our events in 2023!

Kind Regards,

Dr Stephen Pereira

**NAPICU Chairman**

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